



UPSC IAS (Mains)

HISTORY OPTIONAL

Batch 2

by—Sainil Nagare



10th November 22



1:00 PM



The More You Sweat in the Training
The less You bleed In the war

Norman Schwarzkopf

It is said that Optional determines the destiny of UPSC journey.
It is the most important weapon to conquer this exam.
To get into the final list, one must ace the optionals.

StudyIQ is here with its History optional Course.
Let's start with understanding the merits of History optional.

1. It tests the capability of integrating static knowledge with contemporary issues.
2. Changing of nature of exam - Prelims + Mains are seeing increasing weightage of history.
3. Convergence with mains related topics. Ex: Historical background is common theme for introducing answers in GS 1 and GS2.
4. History Optional provides ample examples which can be utilised in Essay and case studies of GS 4.
5. Abundance of Sources from basic books like NCERTs to advanced books.

Features of the Course



400+ hours of live lectures spread over 5 months



Previous Year Questions discussions



Comprehensive coverage through high quality lecture notes



Current affairs to keep the aspirant updated



Hand written notes and hand written model answers



Doubt clearing sessions by the faculty



Live answer writing program under the guidance of faculty



Static Sessions

Timetable

Date	Topic
10th November 2022	Introduction and orientation session
	PAPER 1 SECTION B - MEDIEVAL
	Early Medieval India, 750-1200
	The Thirteenth Century
	The Fourteenth Century
	13th and 14th Century - Society, Culture and Economy
	<ul style="list-style-type: none">Regional Kingdoms of 15th Century
	<ul style="list-style-type: none">16th Century - Mughals
	<ul style="list-style-type: none">17th Century - Mughals
	17th Century - Marathas and Ahoms
	15th to 17th Century - Economy, Society and Culture
	15th to 17th Century - Culture
	18th century

Date	Topic
12th December 2022	PAPER 2 SECTION A - MODERN
	18th century background + European Penetration into India
	British Expansion in India
	Economic Impact of British Colonial Rule
	Socio - Reform Movements
	Indian Response to British Rule - Peasant and Tribal Uprising in 18th and 19th century
	REVOLT OF 1857
	Early Structure of the British Raj (Regulating Act 1773 to CA 1853)
	Misc topics - British Company Raj
	INC Before Gandhi - Pre INC Parties to Home Rule League Movement
	Gandhi Phase 1 - Champaran Satyagraha to Swarajis
	Gandhi Phase 2 - Swarajist to Retirement of Gandhi
	Gandhi Phase 3 - 1939 to 1947
	Constitutional Developments in the Colonial India between 1858 and 1935
	Other strands in the National Movement - The Revolutionary Extremism & Leftist Developments in India
	Politics of Separatism: Development of Communalism and Nationalism
	Post Independence

Date	Topic
11th January 2023	PAPER 2 SECTION B - MODERN WORLD HISTORY
	Enlightenment and Modern ideas
	Origins of Modern Politics : American Revolution and Constitution
	Origins of Modern Politics : American Civil War & British Democratic politics
	Origins of Modern Politics: French Revolution and Aftermath, 1789-1815
	French Revolution and Napoleon- Historiography and debates
	Industrial Revolution
	Nation state system-19th Century revolutions
	Nation state System-Italy
	Nation state System-Germany
	Russian Revolution
	Chinese Revolution
	World War 1
	Fascism, Interwar periods
	World War 2
	EMERGENCE OF POWER BLOCS + THIRD WORLD + NAM + COLD WAR + COLLAPSE OF USSR
	EMERGENCE OF POWER BLOCS + THIRD WORLD + NAM + COLD WAR + COLLAPSE OF USSR

Date	Topic
	UNO AND ITS DISPUTES- Political Changes in East Europe 1989-2001 + US ASCENDANCY
	Imperialism and Colonialism + Liberation from Colonial rule
	Decolonization and Underdevelopment
12th February 2023	PAPER 1 SECTION A - ANCIENT
	Sources
	Pre History - Paleolithic and Mesolithic
	Indus Valley Civilisation
	Vedic Age
	Mahajanpada
	Emergence of Magadha
	Mauryans
	Post Mauryans
	Guptas
	Vakatakas and Vardhanas
	Regional State
	Themes in Early Indian Cultural History

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