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Study Iq is introducing a comprehensive Sociology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

Sociology Optional Batch 2025

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

Let's start with understanding the Merits of Sociology optional.

Sociology is one of the most sought after optional subject with more than 20+ toppers within top 50 in last 5 years.

Easy to score well- Sociology optional can fetch average of 270 marks even 310-320 in many cases.



Wide application of concepts in Essay paper, GS-1 Society, GS-2,3 and Ethics paper.







The questions asked in exam are mostly direct without too much element of surprise.

No prior background of the subject is required making it ideal for any aspirant





Comprehensive course coverage with special focus in Current affairs and it's application in the paper based on the current trend.

Taught by an expert faculty having 10+ years of experience.



What Do We Pledge to Our Students?

We Strive to Get The best out of you in this UPSC Journey So If you are enrolling in Pratigya UPSC Optional Batch along with Pratigya P2I Batch and you clear your UPSC Prelims 2025 Exam, your Course fee will be refunded.

Features of the Course



Orientation sessions are conducted at 11 AM initially after the start of the batch, for a few days. This is to make the students adapt to the subject. Candidates will be informed about the same.

Crux material and Hand written notes will be provided in English only.



STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
22nd Sept'24			Orientation
24th Sept'24	PAPER - 1	Stratification and Mobility	. Concepts - Equality, Inequality, Hierarchy, Exclusion, Poverty and Deprivation . Theories of Stratification - Structural functionalist theory, Marxist theory, Weberian theory . Dimension - Social stratification of class, Status groups, Gender, Ethnicity and Race . Social Mobility - Open and Closed system, Types of social mobility, Sources and causes of mobility
1st Sept'24	PAPER - 1	Work and Economic Life	. Social organization of work in different types of society- slave society, feudal society, industrial /capitalist society Formal and informal organization of workLabour and society
10th october	PAPER - 1	Politics and Society	. Sociological theories of Power Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology Protest, agitation, social movements, collective action, revolution.
16th oct	PAPER - 1	Religion and Society	. Sociological theories of Religion Types of religious practices: animism, monism, pluralism, sects, cults Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.
22nd oct		System of Kinship	 Family, Household, Marriage. Types and forms of family. Lineage and descent. Patriarchy and sexual division of labour.

. Contemporary trends.

DATE	PAPER	CHAPTER	SUB TOPICS
27th oct	PAPER - 1	Social change in Modern society	 Sociological theories of social change. Development and dependency. Agents of social change. Education and social change. Science, technology and social change.
3oth nov	PAPER - 1	Perspectives on the study of Indian society:	. Indology (Ghurye) . Structural Functionalism (Srinivas) . Marist Sociology (Desai)
1st dec	PAPER - 1	Impact of Colonial Rule	. Social background of Indian nationalism . Modernisation of Indian tradition . Protestand movements during colonialperiod . Social reforms
5th dec	PAPER - 2	Village	. The idea of Indian Village . Evolution of Land tenure system, Land reforms
7th dec	PAPER - 2	Caste System	. Perspectives on the study of caste systems: GS Ghurye, M N Srinivas, Louis Dumont, Andre Beteille Features of caste system Untouchability - forms and perspectives.
11th dec	PAPER - 2	Tribe	. Definitional Problems. Geographical Spread. Colonial policies and tribes. Issues of integration and autonomy
15th dec	PAPER - 2	Social classes in India	. Agrarian class structure . Industrial class structure . Middle class structure
21st dec	PAPER - 2	System of Kinship in India	 Lineage and Descent Types of kinship systems. Family and marriage in India. Household dimensions of the family. Patriarchy, entitlements and sexual division of labour

DATE	PAPER	CHAPTER	SUB TOPICS
3rd jan 2025	PAPER - 2	Religion and Society	. Religious communities in India . Problems of religious minorities
10th jan 2025	PAPER - 2	Social Change in India	 . Idea of development planning and mixed economy. . Constitution, law and social change. . Education and social change.
22nd jan 2025	PAPER - 2	Rural and Agrarian Transformation in India	. Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes Green revolution and social change Changing modes of production in Indian agriculture Problems of rural labour, bondage, migration
10th feb 2025	PAPER - 2	Industrialisation and Urbanisation in India	 Evolution of modern industry in India. Growth of urban settlements in India. Working class: structure, growth, class mobilization. Informal sector, child labour. Slums and deprivation in urban areas.
19th feb 2025	PAPER - 2	Politics and Society	 . Nation, democracy and citizenship. . Political parties, pressure groups , social and political elite. . Regionalism and decentralization of power. . Secularization
2nd march 2025	PAPER - 2	Social Movements in India	. Peasants and farmers movements Women's movement Backward classes & Dalit movement Environmental movements Ethnicity and Identity movements.
3rd april 2025	PAPER - 2	Population Dynamics	 . Population size, growth, composition and distribution. . Components of population growth: birth, death, migration. . Population policy and family planning. . Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.

DATE	PAPER	CHAPTER	SUB TOPICS
15th april 2025	PAPER - 2	Challenges of Social Transformations	.Crisis of development: displacement, environmental problems and sustainability Poverty, deprivation and inequalities Violence against women Caste conflicts Ethnic conflicts, communalism, religious revivalism Illiteracy and disparities in education.
22nd april 2025	PAPER - 2	Sociology - The Discipline	. Modernity and Social change in Europe . Scope of the subject and comparison . Sociology and common sense
7th may 2025	PAPER - 2	Sociology as Science	. Science, scientific method and critique . Major theoretical strands of research methodology . Positivism and its critique . Fact value and objectivity . Non- positivist methodologies
13th may 2025	PAPER - 1	Research Methods and Analysis	. Qualitative and quantitative methods . Techniques of data collection . Variables, Sampling, Hypothesis, Reliability and Validity
25th may 2025	PAPER - 1	Sociological Thinkers	. Karl Marx - Historical materialism, MOP, Class and class conflict, Alienation . Emile Durkheim - DOL, Social fact, Suicide, Religion . Max Weber - Social action, Ideal types, Authority, Bureaucracy, PE&SC . Talcolt Parsons - Social syatem, Pattern variables . Robert Merton - Latent & Manifest, Conformity and Deviance, Reference Group . Mead - Self and Identity

Sociology Test Series

Features of the Test Series:

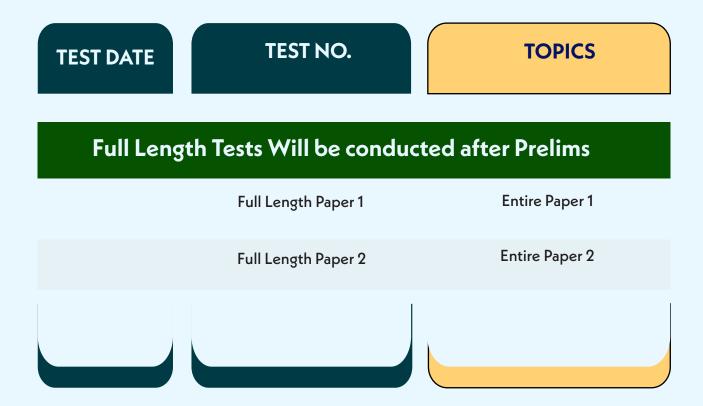
- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.
- There will be a total of 12 tests. 10 Sectional tests (5 tests from Paper 1 and 5 tests from Paper 2) and 2 full-length papers. Medium of the language used will be English.
- The evaluation of papers will be done in 4-5 days after the student uploads the paper.
 - Discussion of each paper would be done thoroughly.
- Synopsis of each test will be provided after the student attempts the paper.
 - Previous Year Questions and high-yielding topics would be covered comprehensively.

TIME TABLE

TEST NO.

TOPICS

Sectional Test 1	. Stratification and Mobility . Work and Economic Life
Sectional Test 2	. Politics and Society . Religion and Society
Sectional Test 3	. System of Kinship in India . Religion and Society . Social Change in India
Sectional Test 4	. Perspectives on the study of Indian society. Impact of Colonial Rule. Village
Sectional Test 5	. Caste System . Tribe . Social Classes in India.
Sectional Test 6	. System of Kinship in India . Religion and Society . Social Change in India
Sectional Test 7	 Rural and Agrarian Transformation in India Industrialisation and Urbanisation in India Politics and Society
Sectional Test 8	 Social Movements in India Population Dynamics Challenges of Social Transformations Sociology - The Discipline Sociology as Science
Sectional Test 9	. Research Methods and Analysis
Sectional Test 10	. Sociological Thinkers



* Please note that the test dates and discussion dates are subjective and may vary.

