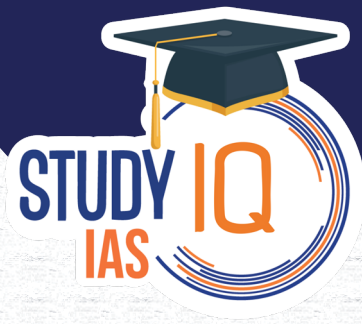




SOCIOLOGY

OPTIONAL

(2027- 2028)

— SEPTEMBER BATCH —



Offline

CLASSES & TEST SERIES



18th September 2026



12:00 PM

Why Optional Matter in UPSC CSE

Choosing the right optional subject in UPSC CSE Mains can significantly influence your chances of success. It's a highly strategic decision and should be based on multiple factors such as your background, interest, aptitude, availability of resources, and overlap with GS papers. Below is a detailed evaluation of each of the subjects you mentioned — both English and Hindi medium options — to help you make an informed choice:

Optional Subject

The Hidden Power in **UPSC Mains**



500 Marks at Stake

Optional contributes **500 out of 1750** marks in the Mains exam. A high score here can **transform your final rank**.

The Real Differentiator

While GS papers level the field, the **optional creates the gap**. Many toppers owe their ranks to an outstanding optional score.



Scoring with Strategy

Optional subjects, with a **well-defined syllabus** and **less competition**, offer a chance to score **much higher** than GS papers — if approached smartly.

Subject Familiarity Pays Off

Choosing an optional aligned with your **interest or academic background** makes preparation smoother and answers stronger.



Overlap = Smart Preparation

Subjects like PSIR, Sociology, and Anthropology offer content that overlaps with **GS, Essay, and Interview**, giving you **multiple benefits** from single preparation.



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Exploring the Merits of Sociology

High Success Rate

One of the most popular optionals with **20+ toppers in the top 50** over the last 5 years.



Scoring Potential



Consistently delivers good results — average scores around **270**, with many aspirants scoring **310–320**.

Extensive GS & Essay Overlap

Concepts are highly useful in **Essay, GS Paper 1 (Society)**, and also enrich **GS Paper 2, 3, and Ethics** answers.



Beginner-Friendly



Requires **no academic background** and can be **completed in 4–5 months** of focused study — ideal for any serious aspirant.

Predictable and Straightforward

Exam questions are generally **direct and less tricky**, making preparation more streamlined.



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How Our Program Helps You Crack It!



Expert Mentorship

- Personalized guidance from top mentors.
- Strategic planning for effective preparation.



High-Quality Study Material

- Concise, diagram-based notes for easy understanding.
- Complete syllabus coverage with topic-specific handouts.



Smart Study Plan

- Structured roadmap with timely revisions and mock tests.
- Focused, efficient preparation.



Test Series & Feedback

- Regular tests with detailed evaluations.
- Personalized feedback to improve presentation.



Peer-Based Learning

- Group activities and discussions
- Learn from diverse perspectives



Proven Success

- Strong track record of students cracking UPSC with History.
- Access to toppers' strategies.

Your Success Is Our Mission.

With our expert resources, strategic approach, and dedicated support, History becomes not just a subject, but your UPSC edge.

Time Table

Date	Chapter	Sub-Topics
18th September	Orientation	
PAPER-1 FUNDAMENTALS OF SOCIOLOGY		
18th September	Sociological Thinkers	(a) Karl Marx - Historical materialism, mode of production, alienation, class struggle (b) Emile Durkheim - Division of labour, social fact, suicide, religion and society (c) Max Weber - Social action, ideal types, authority, bureaucracy, protestant ethic and the spirit of capitalism (d) Talcott Parsons - Social system, pattern variables (e) Robert K. Merton - Latent and manifest functions, conformity and deviance, reference groups (f) Mead - Self and identity
	Stratification and Mobility	(a) Concepts - equality, inequality, hierarchy, exclusion, poverty, and deprivation (b) Theories of social stratification - Structural functionalist, Marxist, Weberian theory (c) Dimensions - class, status groups, gender, ethnicity and race (d) Social mobility - open and closed systems, types, sources and causes of mobility
	Work and Economic Life	(a) Social organization of work: slave, feudal, industrial capitalist societies (b) Formal and informal organization of work (c) Labour and society



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Time Table

Date	Chapter	Sub-Topics
	Power and Politics	(a) Sociological theories of power (b) Power elite, bureaucracy, pressure groups, political parties (c) Nation, state, citizenship, democracy, civil society, ideology (d) Protest, agitation, social movements, collective action, revolution
30th September	Religion and Society	(a) Sociological theories of religion (b) Religious practices: animism, monism, pluralism, sects, cults (c) Religion in modern society: religion and science, secularization, revivalism, fundamen

PAPER-1 FUNDAMENTALS OF SOCIOLOGY

5th October	Systems of Kinship	(a) Family, household, marriage (b) Types and forms of family (c) Lineage and descent (d) Patriarchy and sexual division of labour (e) Contemporary trends
10th October	Social Change in Modern Society	(a) Sociological theories of social change (b) Development and dependency (c) Agents of social change (d) Education and social change (e) Science, technology, and social change



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Time Table

Date	Chapter	Sub-Topics
PAPER-2 INDIAN SOCIETY: STRUCTURE & CHANGE		
A. Introducing Indian Society		
17th October	(i) Perspectives on Study of Indian Society	(a) Indology (G.S. Ghure) (b) Structural functionalism (M. N. Srinivas)
20th October	(ii) Impact of colonial rule	(c) Marxist sociology (A. R. Desai) (a) Social background of Indian nationalism (b) Modernization of Indian tradition (c) Protests and movements during colonial period (d) Social reforms
B. Social Structure		
23rd October	(i) Rural and Agrarian Structure	a) The idea of Indian village and village studies (b) Agrarian social structure: evolution of land tenure, land
25th October	(ii) Caste System	(a) Perspectives: G. S. Ghurye, M. N. Srinivas, Louis Dumont, Andre Beteille (b) Features of caste system (c) Untouchability - forms and perspectives
27th October	(iii) Tribal Communities in India	(a) Definitional problems (b) Geographical spread (c) Colonial policies and tribes (d) Issues of integration and autonomy



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Time Table

Date	Chapter	Sub-Topics
30th October	(iv) Social Classes in India	(a) Agrarian class structure (b) Industrial class structure (c) Middle classes in India
3rd November	(v) Systems of Kinship in India	(a) Lineage and descent in India (b) Types of kinship systems (c) Family and marriage in India (d) Household dimensions of the family (e) Patriarchy, entitlements, sexual division of labour
7th November	(vi) Religion and Society	(a) Religious communities in India (b) Problems of religious minorities

C. Social Changes in India

9th November	(i) Visions of Social Change in India	(a) Idea of development planning, mixed economy (b) Constitution, law, and social change (c) Education and social change
12th November	(ii) Rural and AgrarianTransformation	(a) Programmes: rural development, Community Development Programme, cooperatives, poverty alleviation schemes (b) Green revolution and social change (c) Changing modes of production in Indian agriculture (d) Problems: rural labour, bondage, migration



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Time Table

Date	Chapter	Sub-Topics
15th November	(iii) Industrialization	(a) Evolution of modern industry in India (b) Growth of urban settlements in India (c) Working class: structure, growth, class mobilization (d) Informal sector, child labour (e) Slums and deprivation in urban areas
18th November	(iv) Politics and Society	(a) Nation, democracy and citizenship (b) Political parties, pressure groups, social and political elite (c) Regionalism and decentralization of power (d) Secularization
20th November	(v) Social Movements in Modern India	(a) Peasants and farmers' movements (b) Women's movement (c) Backward classes & Dalit movements (d) Environmental movements (e) Ethnicity and Identity movements
24th November	(vi) Population Dynamics	(a) Population size, growth, composition, distribution (b) Components: birth, death, migration (c) Population Policy and family planning (d) Emerging issues: ageing, sex ratios, child/infant mortality, reproductive health



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Time Table

Date	Chapter	Sub-Topics
26th November	(vii) Challenges of Social Transformation	(a) Crisis of development: displacement, environmental problems, sustainability (b) Poverty, deprivation and inequalities (c) Violence against women (d) Caste conflicts (e) Ethnic conflicts, communalism, religious revivalism (f) Illiteracy and disparities in education
15 December	Sociology - The Discipline	(a) Modernity and social changes in Europe and emergence of Sociology (b) Scope of the subject and comparison with other social sciences (c) Sociology and common sense
25 December	Sociology as Science	(a) Science, scientific method, and critique (b) Major theoretical strands of research methodology (c) Positivism and its critique (d) Fact value and objectivity (e) Non-positivist methodologies
5th January	Research Methods and Analysis	(a) Qualitative and quantitative methods (b) Techniques of data collection (c) Variables, sampling, hypothesis, reliability, and validity



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Time Table

Test Series No.

Topics

Sectional Test- 1	Sociology - The Discipline
Sectional Test- 2	Research Methods and Analysis
Sectional Test- 3	Thinkers & Stratification and Mobility
Sectional Test- 4	Work and Economic Life
Sectional Test- 5	Politics and Society
Sectional Test- 6	Religion and Society
Sectional Test- 7	System of Kinship in India
Sectional Test- 8	Social Change in India
Sectional Test- 9	Rural and Agrarian Transformation in India
Sectional Test- 10	Industrialisation and Urbanisation in India
Sectional Test- 11	Social Movements in India
Sectional Test- 12	Challenges of Social Transformations
Sectional Test- 13	Perspectives on the study of Indian society



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Our Faculty



Diwakar Botra

Sociology Faculty | UPSC Mentor

- **Renowned educator with a decade-long track record in guiding UPSC aspirants**
- **4-time UPSC Interview Candidate (2007–2012), bringing firsthand experience of the exam process**
- **Has been mentoring students since 2014, with a deep understanding of UPSC trends and expectations**
- **Former faculty at prestigious institutes including Vajiram & Ravi, Mrunal (PDP), KSG, among others**
- **Holds dual Master's degrees in Sociology and Public Administration**
- **Also holds a degree in Master of Business Laws (M.B.L.)**



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Know Your Educator



DIVAKAR BOTHRA SIR

Guided UPSC **CSE 2024 Rank 4** — a reflection of result-oriented, high-impact guidance rooted in deep exam understanding. Known for a distinctive blend of conceptual clarity and exam-specific strategy, he brings both academic depth and practical insight to UPSC preparation. Holding degrees in B.Com, M.A. in Public Administration, M.A. in Sociology, and M.B.L., he offers a multidimensional perspective that connects theory with real exam demands.

A four-time UPSC Interview-stage qualifier (2007–2012), he has an insider's grasp of the examination process. Since 2014, he has been shaping serious aspirants into successful candidates across India through sharp strategies, psychological profiling, and consistent performance tracking. He has taught at some of the most respected institutions, including Vajiram & Ravi, Mrunal (PDP), KSG, and others — delivering precision-driven guidance that gets results.

Our Other Optionals



MANGAL SINGH SIR

ANTHROPOLOGY



SHASHANK TYAGI SIR

POLITICAL SCIENCE &
INTERNATIONAL RELATIONS



RASHID YASIN SIR

HISTORY



Our Offline Classroom Centres



DELHI



PATNA



PRAYAGRAJ



LUCKNOW



INDORE



GUWAHATI



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1B, Pusa Road, metro tower, Next to Karol Bagh metro gate no. 8

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Topics

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