

OPTIONAL 2026

LIVE CLASSES & TEST SERIES





EIRBEILEI

AMORL

RHON DEEC

WELISE E ODE COUCU PALLLEY CE BENNC BONTE BEARN TIBESA



12:00 PM

Study Iq is introducing a comprehensive Sociology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

Sociology Optional Batch 2025

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

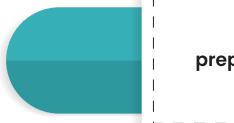
Let's start with understanding the Merits of Sociology optional.

Sociology is one of the most sought after optional subject with more than 20+ toppers within top 50 in last 5 years.

Easy to score well- Sociology optional can fetch average of 270 marks even 310-320 in many cases.



Wide application of concepts in Essay paper, GS-1 Society, GS-2,3 and Ethics paper.



Can be easily prepared in 4-5 months of regular study.





The questions asked in exam are mostly direct without too much element of surprise.



No prior background of the subject is required making it ideal for any aspirant





Comprehensive course coverage with special focus in Current affairs and it's application in the paper based on the current trend.



Taught by an expert faculty having 10+ years of experience.



Platinum Features Gold 400+ hours of live lectures spread over 6 months **Live Doubt Clearing Sessions** with Faculty **Recorded Lectures & Hand written Notes and Crux Comprehensive Coverage of Every Topic with PYQ Discussion Current affairs to keep the** aspirants updated **Regular answer writing sessions** with evaluation One to one Mentorship 24*7 **Mains Test Series** (Sectional & Full Length Test) **Optional Gyan Bhandar Weekly Doubt Clearing Sessions** with Faculty 18 Months *** 30 30 Months Validity**

Orientation sessions are conducted at 11 AM initially after the start of the batch, for a few days. This is to make the students adapt to the subject. Candidates will be informed about the same.

Crux material and Hand written notes will be provided in English only.



STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
8th May 25			Orientation
8th May 25	PAPER - 1	Politics and Society	. Sociological theories of Power Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology Protest, agitation, social movements, collective action, revolution.
12th May 25	PAPER - 1	Religion and Society	. Sociological theories of Religion Types of religious practices: animism, monism, pluralism, sects, cults Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.
		System of Kinship	 Family, Household, Marriage. Types and forms of family. Lineage and descent. Patriarchy and sexual division of labour. Contemporary trends.
25th may '25	PAPER - 1	Social change in Modern society	 Sociological theories of social change. Development and dependency. Agents of social change. Education and social change. Science, technology and social change.

DATE	PAPER	CHAPTER	SUB TOPICS
6th June '25	PAPER - 1	Perspectives on the study of Indian society:	. Indology (Ghurye) . Structural Functionalism (Srinivas) . Marist Sociology (Desai)
14th june '25	PAPER - 1	Impact of Colonial Rule	. Social background of Indian nationalism . Modernisation of Indian tradition . Protestand movements during colonialperiod . Social reforms
20th June '25	PAPER - 2	Village	. The idea of Indian Village . Evolution of Land tenure system, Land reforms
1st Jul '25	PAPER - 2	Caste System	. Perspectives on the study of caste systems: GS Ghurye, M N Srinivas, Louis Dumont, Andre Beteille Features of caste system Untouchability - forms and perspectives.
12th Jul '25	PAPER - 2	Tribe	. Definitional Problems . Geographical Spread . Colonial policies and tribes . Issues of integration and autonomy
24th Jul '25	PAPER - 2	Social classes in India	. Agrarian class structure . Industrial class structure . Middle class structure
10th Aug '25	PAPER - 2	System of Kinship in India	 Lineage and Descent Types of kinship systems. Family and marriage in India. Household dimensions of the family. Patriarchy, entitlements and sexual division of labour
18th Aug '25	PAPER - 2	Religion and Society	. Religious communities in India . Problems of religious minorities

DATE	PAPER	CHAPTER	SUB TOPICS
5th Sept '25	PAPER - 2	Social Change in India	 . Idea of development planning and mixed economy. . Constitution, law and social change. . Education and social change.
12th Sept '25	PAPER - 2	Rural and Agrarian Transformation in India	. Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes Green revolution and social change Changing modes of production in Indian agriculture Problems of rural labour, bondage, migration
22nd Sept '25	PAPER - 2	Industrialisation and Urbanisation in India	 . Evolution of modern industry in India. . Growth of urban settlements in India. . Working class: structure, growth, class mobilization. . Informal sector, child labour. . Slums and deprivation in urban areas.
30th Sept '25	PAPER - 2	Politics and Society	 . Nation, democracy and citizenship. . Political parties, pressure groups , social and political elite. . Regionalism and decentralization of power. . Secularization
10th Oct '25	PAPER - 2	Social Movements in India	 . Peasants and farmers movements. . Women's movement. . Backward classes & Dalit movement. . Environmental movements. . Ethnicity and Identity movements.

DATE	PAPER	CHAPTER	SUB TOPICS
17th Oct '25	PAPER - 2	Population Dynamics	 . Population size, growth, composition and distribution. . Components of population growth: birth, death, migration. . Population policy and family planning. . Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.
24th Oct '25	PAPER - 2	Challenges of Social Transformations	 .Crisis of development: displacement, environmental problems and sustainability. . Poverty, deprivation and inequalities. . Violence against women. . Caste conflicts. . Ethnic conflicts, communalism, religious revivalism. . Illiteracy and disparities in education.
10th Nov '25	PAPER - 1	Sociology - The Discipline	 . Modernity and Social change in Europe . Scope of the subject and comparison . Sociology and common sense
21st Nov '25	PAPER - 1	Sociology as Science	. Science, scientific method and critique . Major theoretical strands of research methodology . Positivism and its critique . Fact value and objectivity . Non- positivist methodologies
5th Jan '26	PAPER - 1	Research Methods and Analysis	 . Qualitative and quantitative methods . Techniques of data collection . Variables, Sampling, Hypothesis, Reliability and Validity
15th Jan '26	PAPER - 1	Sociological Thinkers	. Karl Marx - Historical materialism, MOP, Class and class conflict, Alienation . Emile Durkheim - DOL, Social fact, Suicide, Religion . Max Weber - Social action, Ideal types, Authority, Bureaucracy, PE&SC . Talcolt Parsons - Social syatem, Pattern variables . Robert Merton - Latent & Manifest, Conformity and Deviance, Reference Group . Mead - Self and Identity
2nd Feb '26	PAPER - 1	Stratification and Mobility	. Concepts - Equality, Inequality, Hierarchy, Exclusion, Poverty and Deprivation . Theories of Stratification - Structural functionalist theory, Marxist theory, Weberian theory . Dimension - Social stratification of class, Status groups, Gender, Ethnicity and Race . Social Mobility - Open and Closed system, Types of social mobility, Sources and causes of mobility
16th Feb '26	PAPER - 1	Work and Economic Life	. Social organization of work in different types of society- slave society, feudal society, industrial /capitalist society Formal and informal organization of workLabour and society

Sociology Test Series

Features of the Test Series:

- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.
- There will be a total of 12 tests. 10 Sectional tests (5 tests from Paper 1 and 5 tests from Paper 2) and 2 full-length papers. Medium of the language used will be English.
- The evaluation of papers will be done in 4-5 days after the student uploads the paper.
 - Discussion of each paper would be done thoroughly.
- Synopsis of each test will be provided after the student attempts the paper.
 - Previous Year Questions and high-yielding topics would be covered comprehensively.

TIMETABLE

TEST NO.

TOPICS

C 4.	IT 44
Sectional	l lest l

Sectional Test 2

Sectional Test 3

Sectional Test 4

Sectional Test 5

Sectional Test 6

Sectional Test 7

Sectional Test 8

Sectional Test 9

Sectional Test 10

- . Sociology The Discipline
- . Sociology as Science
- . Research Methods and Analysis
- . Sociological Thinkers. Stratification and Mobility
- . Work and Economic Life
- . Politics and Society
- . Religion and Society
- . System of Kinship in India
- . Religion and Society
- . Social Change in India
- . Rural and Agrarian Transformation in India
- . Industrialisation and Urbanisation in India
- . Politics and Society
 - . Social Movements in India
- . Population Dynamics
- . Challenges of Social Transformations
- . Perspectives on the study of Indian society
- . Impact of Colonial Rule
- . Village
- . Caste System
- . Tribe
- . Social Classes in India.

TEST NO.

TOPICS

Full Length Tests Will be conducted after Prelims

Full Length Paper 1

Entire Paper 1

Full Length Paper 2

Entire Paper 2

* Please note that the test dates and discussion dates are subjective and may vary.

Price: ₹42.999

₹23,999

Enrol Now 76-4000-3000



contact@studyiq.com



STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
8th May 25			Orientation
8th May 25	PAPER - 1	Politics and Society	. Sociological theories of Power Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology Protest, agitation, social movements, collective action, revolution.
12th May 25	PAPER - 1	Religion and Society	. Sociological theories of Religion Types of religious practices: animism, monism, pluralism, sects, cults Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.
		System of Kinship	 Family, Household, Marriage. Types and forms of family. Lineage and descent. Patriarchy and sexual division of labour. Contemporary trends.
25th may '25	PAPER - 1	Social change in Modern society	 . Sociological theories of social change. . Development and dependency. . Agents of social change. . Education and social change. . Science, technology and social change.