



# SOCIOLOGY

**OPTIONAL 2026**

**MARCH BATCH**

**LIVE CLASSES & TEST SERIES**



*By* **DIVAKAR BOTHRA**

**SENIOR FACULTY - SOCIOLOGY**



**31st Mar' 25**



**12:00 PM**

Study Iq is introducing a comprehensive Sociology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

# Sociology Optional Batch 2025

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

**Let's start with understanding the Merits of Sociology optional.**

**01**

Sociology is one of the most sought after optional subject with more than 20+ toppers within top 50 in last 5 years.

Easy to score well- Sociology optional can fetch average of 270 marks even 310-320 in many cases.

**02**

**03**

Wide application of concepts in Essay paper, GS-1 Society, GS-2,3 and Ethics paper.

**Can be easily  
prepared in 4-5 months of  
regular study.**

**04**

**05**

**The questions asked in exam  
are mostly direct without too  
much element of surprise.**

**No prior background of the  
subject is required making it  
ideal for any aspirant**

**06**

**07**

**Comprehensive course coverage  
with special focus in Current  
affairs and it's application in the  
paper based on the  
current trend.**

**Taught by an expert faculty  
having 10+ years of  
experience.**

**08**

# Features

## Gold

## Platinum



400+ hours of live lectures spread over 6 months



Live Doubt Clearing Sessions with Faculty



Recorded Lectures & Hand written Notes and Crux



Comprehensive Coverage of Every Topic with PYQ Discussion



Current affairs to keep the aspirants updated



Regular answer writing sessions with evaluation



One to one Mentorship 24\*7



Mains Test Series (Sectional & Full Length Test)



Optional Gyan Bhandar



Weekly Doubt Clearing Sessions with Faculty



Validity

18 Months

30 Months

**Orientation sessions are conducted at 11 AM initially after the start of the batch, for a few days. This is to make the students adapt to the subject. Candidates will be informed about the same.**

---

**Crux material and Hand written notes will be provided in English only.**



# STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
31st Mar'25			Orientation
1st Apr'25	PAPER - 1	Stratification and Mobility	<ul style="list-style-type: none"> <li>. Concepts - Equality, Inequality, Hierarchy, Exclusion, Poverty and Deprivation</li> <li>. Theories of Stratification - Structural functionalist theory, Marxist theory, Weberian theory</li> <li>. Dimension - Social stratification of class, Status groups, Gender, Ethnicity and Race</li> <li>. Social Mobility - Open and Closed system, Types of social mobility, Sources and causes of mobility</li> </ul>
5th Apr'25	PAPER - 1	Work and Economic Life	<ul style="list-style-type: none"> <li>. Social organization of work in different types of society- slave society, feudal society, industrial /capitalist society.</li> <li>. Formal and informal organization of work.</li> <li>.Labour and society</li> </ul>
10th April'25	PAPER - 1	Politics and Society	<ul style="list-style-type: none"> <li>. Sociological theories of Power.</li> <li>. Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology.</li> <li>. Protest, agitation, social movements, collective action, revolution.</li> </ul>

DATE	PAPER	CHAPTER	SUB TOPICS
13th April'25	PAPER – 1	Religion and Society	<ul style="list-style-type: none"> <li>. Sociological theories of Religion.</li> <li>. Types of religious practices: animism, monism, pluralism, sects, cults.</li> <li>. Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.</li> </ul>
		System of Kinship	<ul style="list-style-type: none"> <li>. Family, Household, Marriage.</li> <li>. Types and forms of family.</li> <li>. Lineage and descent .</li> <li>. Patriarchy and sexual division of labour.</li> <li>. Contemporary trends.</li> </ul>
25th April'25	PAPER – 1	Social change in Modern society	<ul style="list-style-type: none"> <li>. Sociological theories of social change.</li> <li>. Development and dependency.</li> <li>. Agents of social change.</li> <li>. Education and social change.</li> <li>. Science, technology and social change.</li> </ul>
6th May'25	PAPER – 1	Perspectives on the study of Indian society:	<ul style="list-style-type: none"> <li>. Indology ( Ghurye )</li> <li>. Structural Functionalism ( Srinivas )</li> <li>. Marxist Sociology ( Desai )</li> </ul>
14th May'25	PAPER – 1	Impact of Colonial Rule	<ul style="list-style-type: none"> <li>. Social background of Indian nationalism</li> <li>. Modernisation of Indian tradition</li> <li>. Protestant movements during colonial period</li> <li>. Social reforms</li> </ul>
20th May'25	PAPER – 2	Village	<ul style="list-style-type: none"> <li>. The idea of Indian Village</li> <li>. Evolution of Land tenure system, Land reforms</li> </ul>
1st Jun'25	PAPER – 2	Caste System	<ul style="list-style-type: none"> <li>. Perspectives on the study of caste systems: GS Ghurye, M N Srinivas, Louis Dumont, Andre Beteille.</li> <li>. Features of caste system.</li> <li>. Untouchability – forms and perspectives.</li> </ul>

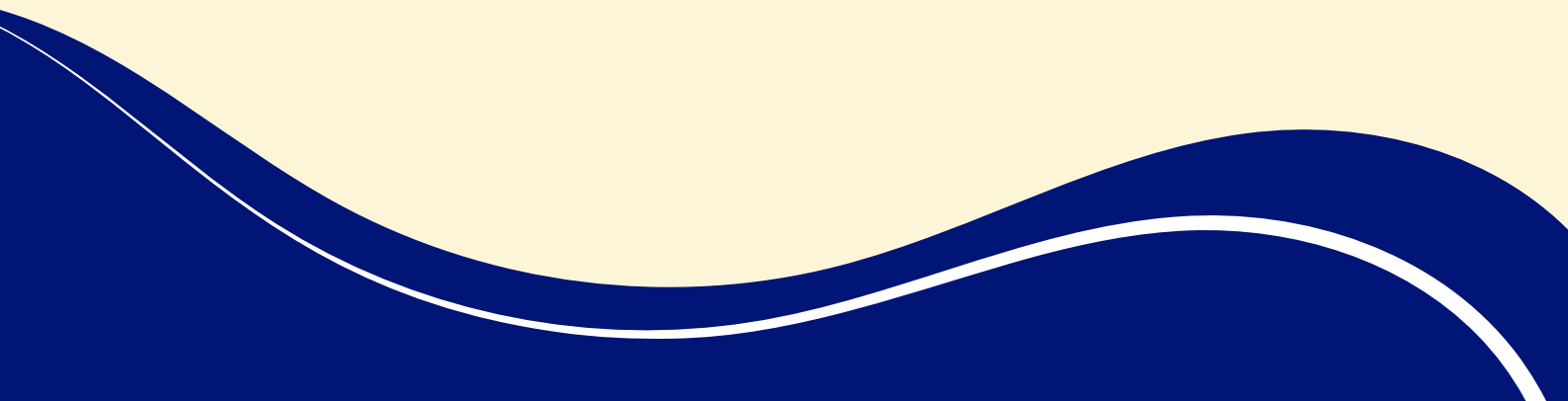
DATE	PAPER	CHAPTER	SUB TOPICS
12th Jun'25	PAPER – 2	Tribe	<ul style="list-style-type: none"> <li>. Definitional Problems</li> <li>. Geographical Spread</li> <li>. Colonial policies and tribes</li> <li>. Issues of integration and autonomy</li> </ul>
24th Jun'25	PAPER – 2	Social classes in India	<ul style="list-style-type: none"> <li>. Agrarian class structure</li> <li>. Industrial class structure</li> <li>. Middle class structure</li> </ul>
10th Jul'25	PAPER – 2	System of Kinship in India	<ul style="list-style-type: none"> <li>. Lineage and Descent</li> <li>. Types of kinship systems.</li> <li>. Family and marriage in India.</li> <li>. Household dimensions of the family.</li> <li>. Patriarchy, entitlements and sexual division of labour</li> </ul>
18th Jul'25	PAPER – 2	Religion and Society	<ul style="list-style-type: none"> <li>. Religious communities in India</li> <li>. Problems of religious minorities</li> </ul>
5th Aug'25	PAPER – 2	Social Change in India	<ul style="list-style-type: none"> <li>. Idea of development planning and mixed economy.</li> <li>. Constitution, law and social change.</li> <li>. Education and social change.</li> </ul>
12th Aug'25	PAPER – 2	Rural and Agrarian Transformation in India	<ul style="list-style-type: none"> <li>. Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes.</li> <li>. Green revolution and social change.</li> <li>. Changing modes of production in Indian agriculture .</li> <li>. Problems of rural labour, bondage, migration</li> </ul>

DATE	PAPER	CHAPTER	SUB TOPICS
22nd Aug'25	PAPER – 2	Industrialisation and Urbanisation in India	<ul style="list-style-type: none"> <li>. Evolution of modern industry in India.</li> <li>. Growth of urban settlements in India.</li> <li>. Working class: structure, growth, class mobilization.</li> <li>. Informal sector, child labour.</li> <li>. Slums and deprivation in urban areas.</li> </ul>
30th Aug'25	PAPER – 2	Politics and Society	<ul style="list-style-type: none"> <li>. Nation, democracy and citizenship.</li> <li>. Political parties, pressure groups , social and political elite.</li> <li>. Regionalism and decentralization of power.</li> <li>. Secularization</li> </ul>
10th Sept'25	PAPER – 2	Social Movements in India	<ul style="list-style-type: none"> <li>. Peasants and farmers movements.</li> <li>. Women's movement.</li> <li>. Backward classes &amp; Dalit movement.</li> <li>. Environmental movements.</li> <li>. Ethnicity and Identity movements.</li> </ul>
17th Sept'25	PAPER – 2	Population Dynamics	<ul style="list-style-type: none"> <li>. Population size, growth, composition and distribution.</li> <li>. Components of population growth: birth, death, migration.</li> <li>. Population policy and family planning.</li> <li>. Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.</li> </ul>
24th Sept'25	PAPER – 2	Challenges of Social Transformations	<ul style="list-style-type: none"> <li>.Crisis of development: displacement, environmental problems and sustainability.</li> <li>. Poverty, deprivation and inequalities.</li> <li>. Violence against women.</li> <li>. Caste conflicts.</li> <li>. Ethnic conflicts, communalism, religious revivalism.</li> <li>. Illiteracy and disparities in education.</li> </ul>
10th Oct'25	PAPER – 1	Sociology - The Discipline	<ul style="list-style-type: none"> <li>. Modernity and Social change in Europe</li> <li>. Scope of the subject and comparison</li> <li>. Sociology and common sense</li> </ul>
21th Oct'25	PAPER – 1	Sociology as Science	<ul style="list-style-type: none"> <li>. Science, scientific method and critique</li> <li>. Major theoretical strands of research methodology</li> <li>. Positivism and its critique</li> <li>. Fact value and objectivity</li> <li>. Non- positivist methodologies</li> </ul>
5th Nov'25	PAPER – 1	Research Methods and Analysis	<ul style="list-style-type: none"> <li>. Qualitative and quantitative methods</li> <li>. Techniques of data collection</li> <li>. Variables, Sampling, Hypothesis, Reliability and Validity</li> </ul>
15th Dec'25	PAPER – 1	Sociological Thinkers	<ul style="list-style-type: none"> <li>. Karl Marx – Historical materialism, MOP, Class and class conflict, Alienation</li> <li>. Emile Durkheim – DOL, Social fact , Suicide, Religion</li> <li>. Max Weber – Social action, Ideal types, Authority, Bureaucracy , PE&amp;SC</li> <li>. Talcotl Parsons – Social syatem, Pattern variables</li> <li>. Robert Merton – Latent &amp; Manifest, Conformity and Deviance, Reference Group</li> <li>. Mead – Self and Identity</li> </ul>

\* Please note that this is a tentative schedule of the batch and the dates may vary.

# Sociology Test Series

## Features of the Test Series:

- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.
  - There will be a total of 12 tests. 10 Sectional tests (5 tests from Paper 1 and 5 tests from Paper 2) and 2 full-length papers. Medium of the language used will be English.
  - The evaluation of papers will be done in 4-5 days after the student uploads the paper.
  - Discussion of each paper would be done thoroughly.
  - Synopsis of each test will be provided after the student attempts the paper.
  - Previous Year Questions and high-yielding topics would be covered comprehensively.
- 

# TIME TABLE

TEST NO.	TOPICS
Sectional Test 1	<ul style="list-style-type: none"><li>. Sociology - The Discipline</li><li>. Sociology as Science</li></ul>
Sectional Test 2	<ul style="list-style-type: none"><li>. Research Methods and Analysis</li></ul>
Sectional Test 3	<ul style="list-style-type: none"><li>. Sociological Thinkers.</li><li>Stratification and Mobility</li><li>. Work and Economic Life</li></ul>
Sectional Test 4	<ul style="list-style-type: none"><li>. Politics and Society</li></ul>
Sectional Test 5	<ul style="list-style-type: none"><li>. Religion and Society</li><li>. System of Kinship in India</li></ul>
Sectional Test 6	<ul style="list-style-type: none"><li>. Religion and Society</li><li>. Social Change in India</li></ul>
Sectional Test 7	<ul style="list-style-type: none"><li>. Rural and Agrarian Transformation in India</li><li>. Industrialisation and Urbanisation in India</li><li>. Politics and Society</li></ul>
Sectional Test 8	<ul style="list-style-type: none"><li>. Social Movements in India</li><li>. Population Dynamics</li><li>. Challenges of Social Transformations</li></ul>
Sectional Test 9	<ul style="list-style-type: none"><li>. Perspectives on the study of Indian society</li><li>. Impact of Colonial Rule</li><li>. Village</li></ul>
Sectional Test 10	<ul style="list-style-type: none"><li>. Caste System</li><li>. Tribe</li><li>. Social Classes in India.</li></ul>

TEST NO.

TOPICS

**Full Length Tests Will be conducted after Prelims**

Full Length Paper 1

Entire Paper 1

Full Length Paper 2

Entire Paper 2

**\* Please note that the test dates and discussion dates are subjective and may vary.**

**Price: ₹42,999**

**₹23,999**



**Enrol Now**

**76-4000-3000**

**contact@studyiq.com**



# STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
31st Mar'25			Orientation
1st Apr'25	PAPER - 1	Stratification and Mobility	<ul style="list-style-type: none"> <li>. Concepts - Equality, Inequality, Hierarchy, Exclusion, Poverty and Deprivation</li> <li>. Theories of Stratification - Structural functionalist theory, Marxist theory, Weberian theory</li> <li>. Dimension - Social stratification of class, Status groups, Gender, Ethnicity and Race</li> <li>. Social Mobility - Open and Closed system, Types of social mobility, Sources and causes of mobility</li> </ul>
5th Apr'25	PAPER - 1	Work and Economic Life	<ul style="list-style-type: none"> <li>. Social organization of work in different types of society- slave society, feudal society, industrial /capitalist society.</li> <li>. Formal and informal organization of work.</li> <li>.Labour and society</li> </ul>
10th April'25	PAPER - 1	Politics and Society	<ul style="list-style-type: none"> <li>. Sociological theories of Power.</li> <li>. Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology.</li> <li>. Protest, agitation, social movements, collective action, revolution.</li> </ul>