

# SOCIOLOGY OPTIONAL 2025

## NOVEMBER BATCH

**LIVE CLASSES &  
TEST SERIES**



**DIVAKAR BOTHRA**



**12th Nov' 24**



**12:00 PM**

Study Iq is introducing a comprehensive Sociology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

## Sociology Optional Batch 2025

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

**Let's start with understanding the Merits of Sociology optional.**

**01**

Sociology is one of the most sought after optional subject with more than 20+ toppers within top 50 in last 5 years.

Easy to score well- Sociology optional can fetch average of 270 marks even 310-320 in many cases.

**02**

**03**

Wide application of concepts in Essay paper, GS-1 Society, GS-2,3 and Ethics paper.

**Can be easily  
prepared in 4-5 months of  
regular study.**

**04**

**05**

**The questions asked in exam  
are mostly direct without too  
much element of surprise.**

**No prior background of the  
subject is required making it  
ideal for any aspirant**

**06**

**07**

**Comprehensive course coverage  
with special focus in Current  
affairs and it's application in the  
paper based on the  
current trend.**

**Taught by an expert faculty  
having 10+ years of  
experience.**

**08**

# Features of the Course

1



600+ hours of live lectures  
spread over 5 months

2



Comprehensive coverage  
on each and every topic

3



Answer Writing Sessions to  
inculcate the art of answer  
writing

4



Previous Year Questions  
discussions

5



Doubt-clearing sessions by  
the faculty

6



Provision of High-quality Crux  
and Hand-written notes

**Orientation sessions are conducted at 11 AM initially after the start of the batch, for a few days. This is to make the students adapt to the subject. Candidates will be informed about the same.**

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**Crux material and Hand written notes will be provided in English only.**



# STUDY PLAN

DATE	PAPER	CHAPTER	SUB TOPICS
12th Nov'24			Orientation
12th Nov'24	PAPER - 1	Religion and Society	<ul style="list-style-type: none"> <li>. Sociological theories of Religion.</li> <li>. Types of religious practices: animism, monism, pluralism, sects, cults.</li> <li>. Religion in modern society: religion and science, secularization, religious revivalism, fundamentalism.</li> </ul>
19th Nov'24		System of Kinship	<ul style="list-style-type: none"> <li>. Family, Household, Marriage.</li> <li>. Types and forms of family.</li> <li>. Lineage and descent .</li> <li>. Patriarchy and sexual division of labour.</li> <li>. Contemporary trends.</li> </ul>
24th Nov'24	PAPER - 1	Social change in Modern society	<ul style="list-style-type: none"> <li>. Sociological theories of social change.</li> <li>. Development and dependency.</li> <li>. Agents of social change.</li> <li>. Education and social change.</li> <li>. Science, technology and social change.</li> </ul>
30th Nov'24	PAPER - 1	Perspectives on the study of Indian society:	<ul style="list-style-type: none"> <li>. Indology ( Ghurye )</li> <li>. Structural Functionalism ( Srinivas )</li> <li>. Marist Sociology ( Desai )</li> </ul>
1st Dec'24	PAPER - 1	Impact of Colonial Rule	<ul style="list-style-type: none"> <li>. Social background of Indian nationalism</li> <li>. Modernisation of Indian tradition</li> <li>. Protestand movements during colonialperiod</li> <li>. Social reforms</li> </ul>
5th Dec'24	PAPER - 2	Village	<ul style="list-style-type: none"> <li>. The idea of Indian Village</li> <li>. Evolution of Land tenure system, Land reforms</li> </ul>
7th Dec'24	PAPER - 2	Caste System	<ul style="list-style-type: none"> <li>. Perspectives on the study of caste systems: GS Ghurye, M N Srinivas, Louis Dumont, Andre Beteille.</li> <li>. Features of caste system.</li> <li>. Untouchability - forms and perspectives.</li> </ul>



DATE	PAPER	CHAPTER	SUB TOPICS
11th Dec'24	PAPER – 2	Tribe	<ul style="list-style-type: none"> <li>. Definitional Problems</li> <li>. Geographical Spread</li> <li>. Colonial policies and tribes</li> <li>. Issues of integration and autonomy</li> </ul>
15th Dec'24	PAPER – 2	Social classes in India	<ul style="list-style-type: none"> <li>. Agrarian class structure</li> <li>. Industrial class structure</li> <li>. Middle class structure</li> </ul>
21st Dec'24	PAPER – 2	System of Kinship in India	<ul style="list-style-type: none"> <li>. Lineage and Descent</li> <li>. Types of kinship systems.</li> <li>. Family and marriage in India.</li> <li>. Household dimensions of the family.</li> <li>. Patriarchy, entitlements and sexual division of labour</li> </ul>
3rd Jan'25	PAPER – 2	Religion and Society	<ul style="list-style-type: none"> <li>. Religious communities in India</li> <li>. Problems of religious minorities</li> </ul>
10th Jan'25	PAPER – 2	Social Change in India	<ul style="list-style-type: none"> <li>. Idea of development planning and mixed economy.</li> <li>. Constitution, law and social change.</li> <li>. Education and social change.</li> </ul>
22nd Jan'25	PAPER – 2	Rural and Agrarian Transformation in India	<ul style="list-style-type: none"> <li>. Programmes of rural development, Community Development Programme, cooperatives, poverty alleviation schemes.</li> <li>. Green revolution and social change.</li> <li>. Changing modes of production in Indian agriculture .</li> <li>. Problems of rural labour, bondage, migration</li> </ul>
10th Feb'25	PAPER – 2	Industrialisation and Urbanisation in India	<ul style="list-style-type: none"> <li>. Evolution of modern industry in India.</li> <li>. Growth of urban settlements in India.</li> <li>. Working class: structure, growth, class mobilization.</li> <li>. Informal sector, child labour.</li> <li>. Slums and deprivation in urban areas.</li> </ul>
19th Feb'25	PAPER – 2	Politics and Society	<ul style="list-style-type: none"> <li>. Nation, democracy and citizenship.</li> <li>. Political parties, pressure groups , social and political elite.</li> <li>. Regionalism and decentralization of power.</li> <li>. Secularization</li> </ul>

DATE	PAPER	CHAPTER	SUB TOPICS
2nd Mar'25	PAPER – 2	Social Movements in India	<ul style="list-style-type: none"> <li>. Peasants and farmers movements.</li> <li>. Women's movement.</li> <li>. Backward classes &amp; Dalit movement.</li> <li>. Environmental movements.</li> <li>. Ethnicity and Identity movements.</li> </ul>
3rd Apr'25	PAPER – 2	Population Dynamics	<ul style="list-style-type: none"> <li>. Population size, growth, composition and distribution.</li> <li>. Components of population growth: birth, death, migration.</li> <li>. Population policy and family planning.</li> <li>. Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.</li> </ul>
15th Apr'25	PAPER – 2	Challenges of Social Transformations	<ul style="list-style-type: none"> <li>.Crisis of development: displacement, environmental problems and sustainability.</li> <li>. Poverty, deprivation and inequalities.</li> <li>. Violence against women.</li> <li>. Caste conflicts.</li> <li>. Ethnic conflicts, communalism, religious revivalism.</li> <li>. Illiteracy and disparities in education.</li> </ul>
22nd Apr'25	PAPER – 2	Sociology – The Discipline	<ul style="list-style-type: none"> <li>. Modernity and Social change in Europe</li> <li>. Scope of the subject and comparison</li> <li>. Sociology and common sense</li> </ul>
7th May'25	PAPER – 2	Sociology as Science	<ul style="list-style-type: none"> <li>. Science, scientific method and critique</li> <li>. Major theoretical strands of research methodology</li> <li>. Positivism and its critique</li> <li>. Fact value and objectivity</li> <li>. Non- positivist methodologies</li> </ul>
13th May'25	PAPER – 1	Research Methods and Analysis	<ul style="list-style-type: none"> <li>. Qualitative and quantitative methods</li> <li>. Techniques of data collection</li> <li>. Variables, Sampling, Hypothesis, Reliability and Validity</li> </ul>
25th May'25	PAPER – 1	Sociological Thinkers	<ul style="list-style-type: none"> <li>. Karl Marx – Historical materialism, MOP, Class and class conflict, Alienation</li> <li>. Emile Durkheim – DOL, Social fact , Suicide, Religion</li> <li>. Max Weber – Social action, Ideal types, Authority, Bureaucracy , PE&amp;SC</li> <li>. Talcolt Parsons – Social syatem, Pattern variables</li> <li>. Robert Merton – Latent &amp; Manifest, Conformity and Deviance, Reference Group</li> <li>. Mead – Self and Identity</li> </ul>




DATE	PAPER	CHAPTER	SUB TOPICS
6th Jun'25	PAPER – 1	Stratification and Mobility	<ul style="list-style-type: none"> <li>. Concepts – Equality, Inequality, Hierarchy, Exclusion, Poverty and Deprivation</li> <li>. Theories of Stratification – Structural functionalist theory, Marxist theory, Weberian theory</li> <li>. Dimension – Social stratification of class, Status groups, Gender, Ethnicity and Race</li> <li>. Social Mobility – Open and Closed system, Types of social mobility, Sources and causes of mobility</li> </ul>
14th Jun'25	PAPER – 1	Work and Economic Life	<ul style="list-style-type: none"> <li>. Social organization of work in different types of society– slave society, feudal society, industrial /capitalist society.</li> <li>. Formal and informal organization of work.</li> <li>.Labour and society</li> </ul>
20th Jul'25	PAPER – 1	Politics and Society	<ul style="list-style-type: none"> <li>. Sociological theories of Power.</li> <li>. Power elite, bureaucracy, pressure groups, and political parties. Nation, state, citizenship, democracy, civil society, ideology.</li> <li>. Protest, agitation, social movements, collective action, revolution.</li> </ul>

\* Please note that this is a tentative schedule of the batch and the dates may vary.

# Sociology Test Series

## Features of the Test Series:

- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.
  - There will be a total of 12 tests. 10 Sectional tests (5 tests from Paper 1 and 5 tests from Paper 2) and 2 full-length papers. Medium of the language used will be English.
  - The evaluation of papers will be done in 4-5 days after the student uploads the paper.
  - Discussion of each paper would be done thoroughly.
  - Synopsis of each test will be provided after the student attempts the paper.
  - Previous Year Questions and high-yielding topics would be covered comprehensively.
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# TIME TABLE

## TEST NO.

## TOPICS

Sectional Test 1

. Religion and Society

Sectional Test 2

. System of Kinship in India  
. Religion and Society  
. Social Change in India

Sectional Test 3

. Perspectives on the study of Indian society  
. Impact of Colonial Rule  
. Village

Sectional Test 4

. Caste System  
. Tribe  
. Social Classes in India.

Sectional Test 5

. System of Kinship in India  
. Religion and Society  
. Social Change in India

Sectional Test 6

. Rural and Agrarian Transformation in India  
. Industrialisation and Urbanisation in India  
. Politics and Society

Sectional Test 7

. Social Movements in India  
. Population Dynamics  
. Challenges of Social Transformations  
. Sociology - The Discipline  
. Sociology as Science

Sectional Test 8

. Research Methods and Analysis

Sectional Test 9

. Sociological Thinkers

Sectional Test 10

. Stratification and Mobility  
. Work and Economic Life  
. Politics and Society

TEST NO.

TOPICS

**Full Length Tests Will be conducted after Prelims**

Full Length Paper 1

Entire Paper 1

Full Length Paper 2

Entire Paper 2

**\* Please note that the test dates and discussion dates are subjective and may vary.**

**Price: ₹28,000**

**₹15,999**

**Enrol Now**

**76-4000-3000**

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