

WRITE  RIGHT

PSYCHOLOGY

Target 2025

Mains Crash Course

- Coverage Of High Yielding Topics
- Live Answer Writing Sessions
- Group Mentorship
- 1 On 1 Live Copy Evaluation
- Theme-Based PYQ Content Coverage

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Batch Starting On 9th June 2025

Feature of the Course



Theme-Wise PYQ Segmentation:

10–15 years of PYQs grouped under major themes. Recorded Lectures of High Yielding topics will be covered

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Integrated Answer Writing Practice:

Live Answer Writing Sessions

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Mentorship Sessions:

Mentorship will be conducted twice a Month

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Test Series :






















4 Sectional and 2 FLTS with One to one Live Evaluation

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Integrated Resources Bundle

- **Providing Introduction and Conclusion Template of the themes that we have discussed**
- **Topic-wise crisp PDF notes (revision-focused)**
- **Bonus: Value-added dynamic content (Current Topic)**

How this Course will Help Aspirants

Features / Offerings	Your Course	Other Institutes
 Theme-wise PYQ Analysis (Paper-wise & Year-wise)		
 Tracking & Decoding Changing Question Patterns		
 Group Mentorship By Faculty		
 Answer Writing Practice for 10 & 15 Markers		
 Demand Deconstruction (Intro–Body–Conclusion Strategy)		
 Live – One to One Evaluation		
 Theme-based Value addition Notes & Smart Revision Framework		

Schedule

Theme 1: Foundations of Psychology. 5 JUNE

- Definition, origin, and scope of psychology
- Historical antecedents and trends in the 21st century
- Psychology as a science and its relation to other sciences
- Application of psychology to societal problems

Theme 2: Methods in Psychology & Research + Individual differences 9 JUNE

- Types and methods of research
- Experimental and non-experimental designs
- Statistical methods (t-test, ANOVA, regression, factor analysis)
- Item response theory, grounded theory, FGD, brainstorming

Theme 3: Human Development and language acquisition. 12 JUNE

- Principles of growth and development
- Role of genetic and environmental factors
- Influence of culture and socialization
- Development tasks and well-being across lifespan

Theme 4: Sensation, Attention & Perception. 16 JUNE

- Thresholds, vigilance, and signal detection
- Factors affecting attention and perception
- Perceptual organization, plasticity, ESP, subliminal perception

LIVE ANSWER WRITING – 21 JUNE

TEST 1 – THEME 1 +2+3+4– 22 JUNE

Theme 5: Learning & Memory. 23 JUNE

- Learning theories: Behaviorist, Gestalt, Cognitive
- Reinforcement, modeling, punishment
- Types and models of memory, forgetting theories, mnemonic devices

Theme 6: Thinking, Problem Solving & Creativity. 26 JUNE

- Piaget's theory, reasoning, decision-making
- Creative thinking, factors influencing problem solving

Theme 7: Motivation & Emotion & Work Psychology 30 JUNE

- Theories of motivation and emotion
- Intrinsic vs. extrinsic motivation
- Emotional competence and physiological basis

Schedule

Theme 8: Intelligence, Aptitude & Personality. 3 JULY

- Theories of intelligence (Spearman to Das)
- Emotional and social intelligence
- Personality theories (Psychoanalytic to Big Five)
- Indian perspectives on personality

LIVE ANSWER WRITING – 5 JULY

TEST 2 – THEME 5 +6+7+8– 6 JULY

Theme 9: Attitudes, Values, Interests & Gender Psychology 7 JULY

- Attitude formation, stereotypes, prejudice
- Attribution theories, value education
- Language acquisition, communication training

Theme 10: Social Psychology 10 JULY

- Mental disorders: Anxiety, Mood, Schizophrenia, Personality
- Therapeutic approaches: CBT, Psychodynamic, Indigenous
- Rehabilitation and mental health promotion

Theme 11: Applications in Health & Clinical Psychology 14 JULY

- Educational psychology and special needs
- Workplace motivation, HRM, leadership
- Gender issues and stereotypes
- Community psychology and social change

LIVE ANSWR WRITING – 19 JULY

TEST 3 – THEME 9+10+11– 20 JULY

Theme 12: Education Psychology 21 JULY

- Educational psychology and special needs
- Psychology of Economic Development

Theme 13: Psychology in Media, IT, Military, and Sports. 24 JULY

- Mass Media: Media influence on aggression and prosocial behaviour, Social media and self-image, Internet addiction and cyber behaviour
- Military Psychology: Soldier selection and training, Combat stress and PTSD
- Sports Psychology: Motivation and goal-setting, Team dynamics and mental training

Theme 14: Psychology of Environment, Population, Terrorism. 28 JULY

- Environmental Psychology :- Noise, crowding, and stress, Promoting eco-friendly behaviour
- Population Psychology:- Attitudes toward family planning Myths and motivation barriers
- Terrorism Psychology:- Radicalization and group influence, Identity, grievance, and propaganda

Theme 15: Special session on Indian Psychology and Contemporary Psychology 31JULY

LIVE ANSWER WRITING – 2 AUGUST

TEST 4 – THEME 12 +13+14+15. – 3 AUGUST

FLT 1 – 10 AUGUST

FLT 2 – 17 AUGUST

Note :

- Live Answer Writing Sessions Will Be Conducted on Saturday.
- Timings Live Answer Writing Sessions Will Be Provided in the Orientation.
- Duration Of Each Live Answer Writing Sessions Will Be Between 2.5 – 3.5 Hours.

FAQ's

1. What is meant by "Theme-Wise PYQ Segmentation"?

Answer:

This refers to organizing the last 10–15 years of Previous Year Questions (PYQs) from the UPSC CSE Optional paper under clearly defined themes or topics.

It helps identify recurring patterns, understand examiner expectations, and streamline preparation around core issues in the syllabus.

2. How are the PYQs selected and grouped into themes?

Answer:

Our Faculties has analyzed UPSC PYQs from the past 10–15 years and categorized them under syllabus-based and conceptually linked themes.

4. What does the recorded lecture component cover?

Answer:

The recorded lectures focus on high-yield themes, including explanation of core concepts, past year trends, and how to approach answers from a thematic point of view.

These are designed to boost conceptual clarity and improve answer writing ability.

5. What is included in the Integrated Answer Writing Practice?

Answer:

We conduct 30+ live answer writing sessions aligned with our theme-wise segmentation. Each session includes structured discussion, real-time writing practice, peer review opportunities, and faculty feedback to fine-tune answer writing skills.

6. How are the mentorship sessions conducted?

Answer:

Mentorship sessions are held twice a month, where students get one-on-one interaction with faculty or mentors to discuss doubts, evaluate progress, customize preparation strategies, and receive motivational support.

7. What does the test series include?

Answer:

The course offers a comprehensive test series:

- 4 Sectional Tests (theme-based)
- 2 Full-Length Tests (FLT)

Each test is followed by one-on-one live evaluation with feedback on structure, content, and presentation.

FAQ's

8. What is the Integrated Resources Bundle?

Answer:

It includes value-added materials like:

- Introduction and Conclusion templates for major themes
- Model answers of selected PYQs
- Theme briefs and revision notes

These tools help enrich your content and save time during revision.

9. Can this program help in improving marks in optional paper?

Answer:

Absolutely. This program is specifically designed to build theme-level mastery, enhance answer writing skills, and provide continuous evaluation—all of which directly impact your final score in Optional papers.

10. Is this program suitable for both beginners and veterans?

Answer:

Yes. Beginners gain structured guidance and clarity, while veterans benefit from advanced techniques and strategic refinement based on past trends.



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