

# UPSC · HISTORY OPTIONAL



For 2026 Mains & 2027 Candidates

# HISTORY

OPTIONAL ANSWER WRITING PROGRAM

Transform Your Preparation  
into 300+ Marks.

Master high-scoring answer writing through a structured, content-driven, examiner-oriented approach — engineered for serious aspirants targeting the top of the History Optional scoreboard.

Starts 8 June  
2026

Actual Price  
~~₹ 9,999~~

Use Code  
**SNLIVE**

Final Price  
**₹ 5,999**



SENIOR FACULTY —  
HISTORY

**Sainil Nagare**

**300+ in History Optional**

Who this program is for

If any of these is you — **you're in the room.**



### TYPE 01

**Completed History Optional & want to revise along with Answer Writing**

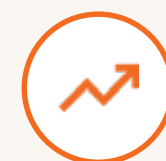
Get a structured runway with content + framework, instead of reading-list paralysis.



### TYPE 02

**Aspirants struggling with answer writing**

You know the topics. The marks just aren't converting. This is your fix.



### TYPE 03

**Mains Appearing Candidates 2026**

From mid-200s to top bracket — through structure, value-add and PYQ alignment.



**TYPE 04  
Serious candidates targeting 300+ in Optional**

Built for the top of the leaderboard. Engineered by someone who's been there.

Why this program

# A program built backwards from **300+ marks** — not forwards from notes.

## THE TYPICAL TREND

**Long notes. Endless reading. Few real answers.**

- ✓ Stuck reading book after book without writing.
- ✓ Generic answers — no historiography, no examiner hook.
- ✓ PYQs glanced at, never decoded.
- ✓ Revision postponed until "after one full reading".

## INSIDE THIS PROGRAM

**Write. Revise. Decode. Repeat.**

- ✓ Content delivered ahead of every class — read with purpose.
- ✓ Live revision locks facts, arguments & historiography.
- ✓ PYQs dissected for demand, structure & scoring keywords.
- ✓ Handwritten 300+ model answers to anchor every framework.

## The Five-Step Method

# One topic. Five disciplined moves.

## From source to scoreboard.

Every topic in the syllabus passes through the same engineered loop. Nothing skipped, nothing improvised.

1

### Content Support

Topic-specific notes shared before every class — strong conceptual base built first.

2

### Live Revision

Focused live lecture consolidates facts, historiography, arguments & analytical layers.

3

### PYQ Discussion

UPSC PYQs broken down for demand, trend & examiner expectation per topic.

4

### Framework Building

Intros, conclusions, & analytical frames examiners reward.


5

### 300+ Marks Approach

Handwritten model answers of Sainil Sir — twice 300+ — anchor every framework.

# STEP ONE 01 Content Support.

Before every class, comprehensive topic-specific content lands in your inbox — so live time goes to understanding, not catching up.

 **Pre-read, then attend.** You'll never walk into a class cold — and your live time stops being a lecture, starts being a workshop.

## WHAT'S INSIDE THE NOTES

A teaching-grade base, not a textbook.

### ✓ **Conceptual foundations**

- Definitions, debates, and the why behind every theme.

### ✓ **Historiography snippets**

- Schools, scholars and the words examiners reward.

### ✓ **Examiner-relevant facts**

- Names, dates & quotes filtered for Mains usefulness.

### ✓ **Always-on access**

- Content support continues throughout the program.

STEP TWO

# Live Revision Lecture.

Same topic, taught for retention — not for the first time. Facts, historiography, arguments and analytical layers fused into one structured pass you'll actually remember on exam day.



## Facts locked

Dates, dynasties, treaties & movements — actively recalled, not passively re-read.



## Historiography woven

Nationalist, Marxist, Cambridge, Subaltern — placed exactly where they earn marks.



## Arguments sharpened

Counter-views, debates & balanced positions you can defend in any directive.



## Analytical depth

Cause, consequence, comparison & continuity — wired into every theme.

STEP THREE

# PYQ Discussion.

Relevant UPSC Previous Year Questions discussed in detail — to understand **demand, trends**, and exactly what the examiner expects you to deliver.

25+

YEARS OF PYQs

Mapped topic-by-topic across every paper.

100%

TOPIC COVERAGE

No syllabus theme without its PYQ session.

4D

DEMAND · DIRECTIVE ·  
DEPTH · DELIVERY

The 4D filter applied to every PYQ.

## DECONSTRUCTING A PYQ

UPSC MAINS · HISTORY OPTIONAL

*"Discuss the changing nature of agrarian relations in 18th-century India in light of recent historiographical debates."*

### DEMAND

Two directives: *change + historiographical lens.*

### TREND

Recurring theme — appeared 4× in last 12 yrs.

### EXPECTATION

Cambridge vs. Aligarh school positions, with primary evidence.

### YOUR MOVE

Two-part intro · 3 thematic body blocks · scholar quote close.

STEP FOUR

# Framework Building.

Learn the examiner-friendly structures, openings, conclusions and visuals that take an average answer to a top-bracket score.

## **Introductions that hook**

Context · scholar · directive — three opening templates customised to every directive verb.

## **Conclusions that land**

Synthesis · contemporary echo · forward-looking note — never repetition.

## **Flowcharts & matrices**

Visual logic that turns 250-word answers into 4-mark uplifts.

## **Analytical frames**

Cause–course–consequence, change–continuity, comparison, multi-causal models.

## **Value-add hooks**

Scholar quotes, inscriptions, primary sources placed where they earn marks.

STEP FIVE · THE SCORING LAYER

# The 300+ Marks Approach.

Every framework in this program is anchored by the **handwritten answers of Sainil Sir** — twice scorer of **300+ marks** in History Optional. Real answer sheets, deconstructed live: structure, content integration, value addition, presentation.

FOUR LAYERS OF A 300+ ANSWER

**01**

## Structure

Examiner-friendly skeleton, every time.

**02**

## Content Integration

Facts + historiography + analysis — fused.

**03**

## Value Addition

Scholar quotes, inscriptions, map sketches.

**04**

## Presentation

Hand · layout · headings · whitespace.



SENIOR FACULTY · HISTORY

**Sainil Nagare**

**300+**

marks in History Optional

— TWICE —

What you get · 11 features

# Everything engineered for the scoreboard.

## 01 · LIVE

### Alternate-Day Live Classes

Rhythm tuned for retention & revision.

## 02 · SYLLABUS

### Complete Syllabus Coverage

Every theme, ancient to contemporary world.

## 03 · CONTENT

### Topic-Wise Content Support

Pre-class material for every topic.

## 04 · METHOD

### Revision-Based Learning

Designed for recall, not just reading.

## 05 · PYQ

### PYQ-Oriented Preparation

Every theme tied to past UPSC questions.

## 06 · MODEL

### Handwritten Model Answers

Sainil Sir's own 300+ answer sheets.

## 07 · STRUCTURE

### Answer-Structuring Techniques

Skeletons for every directive verb.

## 08 · DEPTH

### Historiography Integration

Schools & scholars in every answer.

## 09 · UPLIFT

### Value Addition for Higher Marks

Inscriptions, quotes placed where examiners notice.

## 10 · ACCESS

### Recording Access of All Classes

Revisit any session — anytime, any device.

## 11 · ONGOING

### Continuous Support Throughout

Doubts, follow-ups & resources — across the full program.

# Orientation Session

A focused walkthrough of how this program converts knowledge into top-bracket Mains marks. Join Sainil Sir live.

CLASSES COMMENCE

8<sup>th</sup> June 2026

 LIVE CLASSES FROM

FRIDAY

06

June 2026

 SESSION TIME

12:30 PM — 1:30 PM

Program Duration

Three months of **intensive, structured**  
answer-writing.

3

**Months.**

Of disciplined, daily-rhythm preparation.

**WHAT 3 MONTHS BUYS YOU**

The full History Optional syllabus —  
systematically.

✓ Month 1 · Foundations & Ancient–Early  
Medieval

☐ Sources, chronology, polity, society — paper-anchored.

✓ Month 2 · Medieval & Early Modern  
India

☐ Delhi Sultanate, Mughals, regional polities, Bhakti–Sufi.

✓ Month 3 · Modern India & World History

☐ Colonialism, freedom struggle, post-1945 world — Paper II in full.

Your Preparation Journey

# From the **first revision** to the **final mock**.

WEEKS 1–2

Sources, Methods &  
Ancient India

WEEKS 7–10

Modern India · Paper II  
opens



WEEKS 3–6

Medieval India · Paper  
I sweep

WEEKS 11–12

World History & full-  
paper integration

✓ **Every week:** Content → Live Revision → PYQ Drill → Framework → Model-Answer  
Decode. Five loops, twelve weeks, one disciplined arc.

# From **Sources** to the Post Gupta Period.

**06 Jun**

**Orientation Session**

**08 Jun**

**Sources**  
**Pre-history and Proto-history**

**10 Jun**

**Indus Valley Civilization**  
**Megalithic Cultures**

**12 Jun**

**Aryans and Vedic Period**

**14 Jun**

**Period of Mahajanapadas**

**16 Jun**

**Mauryan Empire**

**18 Jun**

**Post-Mauryan Period · Indo-Greeks,  
Sakas, Kushanas, W. Kshatrapas**  
**Early State & Society — E. India, Deccan,  
South**

**20 Jun**

**Guptas, Vakatakas &  
Vardhanas**

**22 Jun**

**Regional States during the Gupta Era**  
**Themes in Early Indian Cultural History**

# From Early Medieval to the Eighteenth Century.

24 Jun

Early Medieval India, 750–1200  
Cultural Traditions in India, 750–1200

26 Jun

The Thirteenth Century

28 Jun

The Fourteenth Century

30 Jun

Society, Culture & Economy in the 13th–14th  
Centuries

02 Jul

15th & Early 16th C — Political Developments  
& Economy

04 Jul

15th & Early 16th C — Society & Culture

06 Jul

Akbar

08 Jul

Mughal Empire in the Seventeenth Century

10 Jul

Economy & Society in the 16th–17th  
Centuries  
Culture during the Mughal Empire

12 Jul

The Eighteenth Century

12 July closes Section A. Section B  
opens 14 July — the colonial pivot.

# The Colonial Pivot.

**14 Jul**

European Penetration into India

**16 Jul**

British Expansion in India

**18 Jul**

Early Structure of the British Raj

**20 Jul**

Economic Impact of British Colonial Rule  
Social & Cultural Developments

**22 Jul**

Social & Religious Reform Movements —  
Bengal & Other Areas

**24 Jul**

Indian Response to British Rule

**26 Jul**

**Factors leading to the birth of Indian Nationalism**

From Politics of Association to the beginning of Revolutionary Extremism

- Politics of Association
- Foundation of the INC

- Safety-valve thesis
- Programme & objectives of Early Congress

- Social composition of Early Congress
- Moderates & Extremists

- Partition of Bengal (1905)
- Swadeshi Movement · economic & political aspects
- Beginning of Revolutionary Extremism

# Gandhi to the Republic.

## 28 Jul

### Rise of Gandhi & the Mass-Phase of the National Movement

From Rowlatt Satyagraha (1919) to the Cabinet Mission (1946)

- Character of Gandhian nationalism
- Gandhi's popular appeal
- Rowlatt Satyagraha
- Khilafat & Non-cooperation
- From Non-cooperation → Civil Disobedience
- Two phases of Civil Disobedience
- Simon Commission
- Nehru Report
- Round Table Conferences
- Nationalism & Peasant Movements
- Nationalism & Working-class movements
- Women, youth & students (1885–1947)
- 1937 elections & ministries
- Cripps Mission
- Quit India Movement
- Wavell Plan · Cabinet Mission

## 30 Jul

### Constitutional Developments (1858–1935) · Other Strands · Politics of Separatism

- Acts & reforms 1858–1935
- From Crown rule to provincial autonomy
- Other strands in the National Movement
- Revolutionaries, Left, regional currents
- Muslim League · Hindu Mahasabha
- Communalism & the politics of partition
- Transfer of Power · Independence

## 01 Aug

### Consolidation as a Nation

Nehru's Foreign Policy · India & her neighbours (1947–1964) · Linguistic reorganisation of States · Regionalism & regional inequality · Integration of Princely States · Princes in electoral politics · Question of National Language

## 03 Aug

### Caste, Ethnicity & Development after 1947

Backward Castes & Tribes · Dalit movements · Land reforms · Politics of planning · Rural reconstruction · Ecology & environmental policy · Progress of Science

# Enlightenment to **Liberation.**

**05 Aug**

Enlightenment and Modern Ideas

**07 Aug**

Origins of Modern Politics

**09 Aug**

Industrialization  
Nation-State System

**11 Aug**

Revolution and Counter-Revolution

**13 Aug**

World Wars

**15 Aug**

The World after World War II  
Disintegration of Soviet Union & Rise of the Unipolar World

**17 Aug**

Imperialism & Colonialism · Liberation from Colonial Rule

**19 Aug**

Decolonization and Underdevelopment · Unification of Europe

## The Conversion Engine

# From **knowledge** to **marks** — the pipeline.



### WHAT CHANGES

Answers gain depth, focus, and visibility.

**+45%**

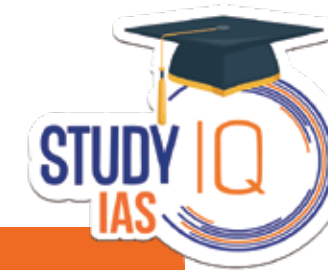
avg depth uplift in mock answers across 12 weeks\*

**3×**

more PYQ-aligned answers per week vs. self-study

**100%**

syllabus + PYQ coverage by end of program



LIMITED-TIME LAUNCH

# Launch Pricing.

A 40% launch discount for serious aspirants who join before classes begin on 8th June. After launch, pricing returns to full value.



Sainil  
Nagare

Senior Faculty —  
History

**300+ Marks in  
Optional**

HISTORY OPTIONAL AWP 2026

ACTUAL PRICE

₹9,999

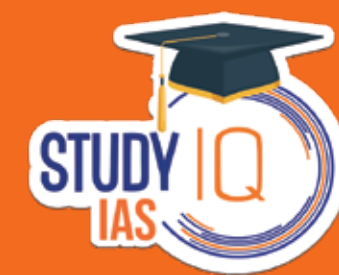
LAUNCH PRICE

₹5,999

USE  
CODE

**S NLIVE**

Save Rs 4,000 · One-time payment · Includes full course access & class recordings



FINAL CALL · CLASSES BEGIN 6 JUNE

Your **300+** isn't a wish.  
It's a decision.

**ENROL · LAUNCH OFFER**

Use code **SNLIVE** · Rs 5,999

**ORIENTATION SESSION**

6 June · 12:30 — 1:30 PM

CALL **76-4000-3000**

WHATSAPP **90760 28375**

**3 months**

Intensive program

**100% syllabus**

Topic-wise & PYQ-driven

**300+ blueprint**

Built on real answer sheets

**Recordings of every class**

Lifetime program access · continuous content support