

# ANTHROPOLOGY

OPTIONAL 2026



**MANGAL SINGH SIR**

Offline Batch Starting From




# CHOOSE THE RIGHT OPTIONAL


## CHOOSE YOUR EDGE

Your UPSC optional isn't just another subject — it's your rank decider, your game-changer.


### What **Really** Matters?




**Interest & Curiosity**  
Learn what you love and learning won't feel like a burden..




**GS & Essay Overlap**  
One subject, multiple benefits. Max efficiency.




**Scoring Potential**  
Structured content, visual tools (flow charts, diagrams) = more marks.



**Reliable Resources & Mentorship**  
Right notes + the right mentor = faster, focused preparation.




**Syllabus**  
Manageable, well-structured, and revision-friendly.




**Your Background & Aptitude**  
Plays a role — but not the only one.

### What **Doesn't** Matter?



**Topper's Pick**  
What toppers took last year.



**Peer's Choice**  
What your friends are choosing.



**Social Media-Trends**  
What is "in trend" on Telegram, Instagram.

**Your Optional is Your Weapon. Sharpen it well.**

**Think ahead | Choose smart | Prepare sharp**

**This one decision could define your journey to the final list.**

# KNOW THE SUBJECT

Anthropology explores the origin, evolution, and diversity of humans—physically, culturally, and socially.

## What You'll Study

### PAPER-I Theoretical Foundations (250 Marks)

- Meaning, scope & development of Anthropology
- Evolution of man: fossil records, genetics, and human variation
- Culture: definitions, characteristics, evolution of family, kinship, marriage
- Theories of culture and society: Functionalism, Structuralism, Neo-evolutionism
- Research methodology and fieldwork techniques
- Economic, political, and religion-anthropology

### PAPER-II Indian Anthropology (250 Marks)

- Tribal demographics and distribution in India
- Problems faced by Indian tribes: land alienation, poverty, displacement
- Scheduled Tribes and their welfare schemes
- Caste system, social change, village studies
- Tribal movements and development administration
- Constitutional safeguards and governance

## Preparation Strategy



### Start with Kerala's SCERT and basic books

Build a conceptual base with Class XI–XII Biology & Sociology.



### Understand diagrams and definitions

Especially useful in Paper I for physical anthropology.



### Paper I is more static

Emphasize clarity in concepts and evolutionary details.



### Paper II requires case-based knowledge

Use contemporary tribal issues and government reports.



### Interlink theory with current tribal issues

Example: FRA 2006, PESA Act, displacement due to mining projects.



### Use flowcharts, maps, and diagrams

They fetch extra marks in answers.



### Refer to Standard Reports

Like XAXA committee, Ministry of Tribal Affairs, NITI Aayog, etc.



# WHY ANTHROPOLOGY?

## Smart Optional, Smarter Strategy

Anthropology has emerged as one of the most effective and popular choices for the UPSC exam. Here's why it stands out as an ideal option for aspirants:



### Concise & Structured Syllabus

- Well-defined syllabus that is easier to complete and revise.
- Enables efficient preparation, saving valuable time.



### High Scoring Potential

- Consistently high scores (280+ marks) are achievable.
- Use of diagrams, case studies, and clear presentation significantly boosts scores.



### Overlap with GS & Essay

- Strong alignment with General Studies I, II, IV, and Essay papers.
- Maximizes preparation efficiency with overlapping topics.



### Accessible for All Backgrounds

- Suitable for candidates from diverse academic backgrounds, including Arts, Science, and Engineering.
- A balanced integration of science and social aspects, making it conceptually approachable.



### Conceptual and Engaging

- Topics like human evolution, culture, and society are intellectually stimulating and easy to grasp.
- Engages candidates with real-world applications of concepts.



### Trusted by Toppers

- Highly recommended by past toppers for its clarity and scoring potential.
- Proven track record of success in securing ranks within the Top 10.

# Why Choose Our Offline Classroom for Optional?

Not just reading — it's about collaborative, structured, and effective learning that delivers results



## Interactive Discussions

Live classroom debates & concept-building with expert guidance.



## Instant Doubt Clearing

Ask, discuss, and resolve doubts in real time — no delays.



## Answer Writing Practice

Develop exam-oriented writing skills with peer reviews and faculty input.



## Collaborative Learning

Grow through peer interactions and shared insights.



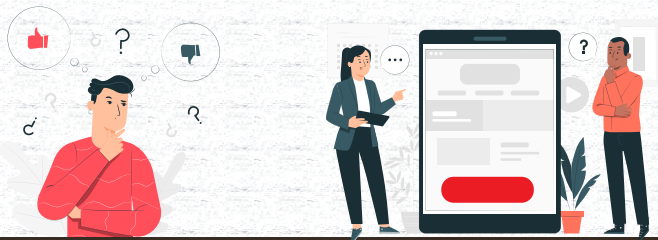
## Structured Environment

Stay consistent with disciplined schedules and regular follow-ups.



## Limited Batch Size

Focused attention and better student-mentor engagement.



WHY, WHAT & HOW TO PREPARE  
**ANTHROPOLOGY OPTIONAL?**

Hear it from **Mangal Sir**!



# How Our Program Helps You Crack It!



## Expert Mentorship

- Personalized guidance from top mentors.
- Strategic planning for effective preparation.



## High-Quality Study Material

- Concise, diagram-based notes for easy understanding.
- Complete syllabus coverage with topic-specific handouts.



## Smart Study Plan

- Structured roadmap with timely revisions and mock tests.
- Focused, efficient preparation.



## PYQs Practice & Feedback

- Regular PYQs practice with detailed discussions.
- Personalized feedback to improve presentation.



## Peer-Based Learning

- Group activities and discussions
- Learn from diverse perspectives



## Proven Success

- Strong track record of students cracking UPSC with Anthropology.
- Access to toppers' strategies.

**Your Success Is Our Mission.**

With our expert resources, strategic approach, and dedicated support, Anthropology becomes not just a subject, but your UPSC edge.



# ANTHROPOLOGY OPTIONAL

# Know Your Educator



## MANGAL SINGH SIR

Mangal Singh Sir is a renowned name in the field of Society and Social Justice, and a highly respected mentor for Anthropology optional in civil services preparation. With over five years of dedicated experience in teaching Anthropology, he has guided numerous toppers with his well-researched content and strategic insights.

His result-oriented and student-friendly approach has made him the go-to faculty for aspirants aiming for excellence in Anthropology. Known for his structured guidance and deep conceptual clarity, Mangal Singh Sir has consistently delivered top results, making him one of the most sought-after educators in the civil services domain.

## Our Other Optionals



## DIVAKAR BOTHRA SIR

SOCIOLOGY



## SHASHANK TYAGI SIR

POLITICAL SCIENCE &  
INTERNATIONAL RELATIONS



## RASHID YASIN SIR

HISTORY

## Our Offline Classroom Centres



DELHI



PATNA



PRAYAGRAJ



LUCKNOW



INDORE



GUWAHATI

 **945-945-6-945**

1B, Pusa Road, metro tower, Next to Karol Bagh metro gate no. 8