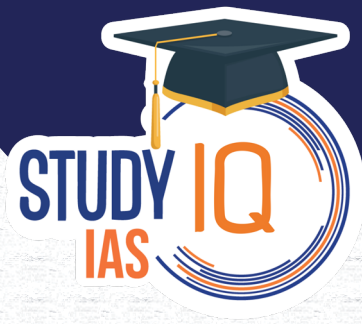




ANTHROPOLOGY

OPTIONAL

(2027- 2028)

— SEPTEMBER BATCH —



Offline

CLASSES & TEST SERIES



14th September 2026



12:00 PM

Why Optional Matter in UPSC CSE

Choosing the right optional subject in UPSC CSE Mains can significantly influence your chances of success. It's a highly strategic decision and should be based on multiple factors such as your background, interest, aptitude, availability of resources, and overlap with GS papers. Below is a detailed evaluation of each of the subjects you mentioned — both English and Hindi medium options — to help you make an informed choice:

Optional Subject

The Hidden Power in **UPSC Mains**



500 Marks at Stake

Optional contributes **500 out of 1750** marks in the Mains exam. A high score here can **transform your final rank**.

The Real Differentiator

While GS papers level the field, the **optional creates the gap**. Many toppers owe their ranks to an outstanding optional score.

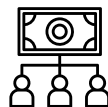


Scoring with Strategy

Optional subjects, with a **well-defined syllabus** and **less competition**, offer a chance to score **much higher** than GS papers — if approached smartly.

Subject Familiarity Pays Off

Choosing an optional aligned with your **interest or academic background** makes preparation smoother and answers stronger.



Overlap = Smart Preparation

Subjects like PSIR, Sociology, and Anthropology offer content that overlaps with **GS, Essay, and Interview**, giving you **multiple benefits** from single preparation.



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Exploring the Merits of Anthropology

EXTENSIVE GS OVERLAP

Significant synergy with multiple GS papers, especially GS I (Society), GS II (Governance), and GS III (Science & Tech, Environment), reducing overall prep load.



CONCISE & TIME-EFFICIENT



Anthropology is considered one of the shortest major optionals, allowing you to complete the syllabus quickly and focus more on revision and other papers.

HIGH SCORING POTENTIAL

Scoring 300+ marks is relatively more achievable compared to many other optionals, with proper strategy and answer writing.



DYNAMIC APPLICATION OF CONCEPTS



The only major optional with a 10%+ success rate (2013–2019) — a strong indicator of its reliability and consistency.

TOPPER'S CHOICE

Anthropology is the only optional to produce 2 AIR-1 rankers in the last 5 years, highlighting its potential to secure top ranks.



A PERFECT BRIDGE BETWEEN HUMANITIES & SCIENCE



With its unique blend of scientific concepts and socio-cultural analysis, Anthropology caters well to both science and humanities backgrounds.



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How Our Program Helps You Crack It!



Expert Mentorship

- Personalized guidance from top mentors.
- Strategic planning for effective preparation.



High-Quality Study Material

- Concise, diagram-based notes for easy understanding.
- Complete syllabus coverage with topic-specific handouts.



Smart Study Plan

- Structured roadmap with timely revisions and mock tests.
- Focused, efficient preparation.



Test Series & Feedback

- Regular tests with detailed evaluations.
- Personalized feedback to improve presentation.



Peer-Based Learning

- Group activities and discussions
- Learn from diverse perspectives



Proven Success

- Strong track record of students cracking UPSC with History.
- Access to toppers' strategies.

Your Success Is Our Mission.

With our expert resources, strategic approach, and dedicated support, History becomes not just a subject, but your UPSC edge.

Time Table

Date	Topics
20 September	Orientation Decoding Syllabus
20 September	Anthropological Theories Paper 1
30 September	Archeological Anthropology Paper 1 Basics (a) Principles of Prehistoric Archaeology. Chronology: Dating methods (b) Cultural Evolution—Broad Outlines of Prehistoric cultures Paper 2 Evolution of the Indian Culture and Civilization- Prehistoric Palaeo—Anthropological Ethno-archaeology in India
15 October	Indian Anthropology Paper 2 Demographic profile of India The structure and nature of traditional Indian social system Caste system in India Sacred Complex and Nature-Man-Spirit Complex. Impact of Buddhism, Jainism, Islam and Christianity of Indian society Emergence, growth and development in India Indian Village—Significance of village study in India Linguistic and religious minorities and their social, political and economic status. Indigenous and exogenous processes of socio-cultural change in Indian society
20 November	Tribal Anthropology Paper 2 Tribal situation in India Problems of the tribal Communities Developmental projects and their impact on tribal displacement Problems of exploitation and deprivation of S.C, S.T. & OBC Social change and contemporary tribal societies The concept of ethnicity Impact of Hinduism, Buddhism, Christianity, Islam etc. Tribe and nation state History of administration of tribal areas, tribal policies, plans & programmes Role of anthropology in tribal and rural development Contributions of anthropology to the understanding of regionalism, communalism etc.



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Time Table

Date	Topics
25 December	Socio-Cultural Anthropology Meaning, Scope and development of Anthropology. Relationships with other disciplines Main Branches of Anthropology The Nature of Society The Nature of Culture Marriage Family Kinship Economic Organization Political Organization and Social Control Religion Research methods in Anthropology Culture, Language and Communication
15 January 2027	Physical Anthropology Paper 1 Human Evolution and emergence of Man
30 January 2027	Physical Anthropology Paper 1 Human Evolution and emergence of Man Characteristics of Primates; Evolutionary Trend and Primate Taxonomy Phylogenetic status, characteristics and geographical distribution The biological basis of Life Human Genetics Mendelian genetics in man-family study Concept of genetic polymorphism and selection Chromosomes and chromosomal aberrations in man, methodology Race and racism Age, sex and population variation as genetic marker Concepts and methods of Ecological Anthropology Epidemiological Anthropology Concept of human growth and development Relevance of menarche, menopause and other bioevents to fertility Demographic theories – biological, social and cultural Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality Applications of Anthropology (P-1)



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Our Faculty



Mangal Singh

Anthropology Faculty | UPSC Mentor

- ▶ B.Tech, National Institute of Technology (NIT), Jaipur
- ▶ Professional Experience
- ▶ Guiding and mentoring UPSC Civil Services aspirants for the past 10 years.
- ▶ Successfully mentored multiple UPSC Civil Services toppers and high-rank achievers.
- ▶ Mentored 10000+ Students
- ▶ **Notable UPSC Mentorship Results**
 - AIR 4 (2021) – Shubhankar Pratyush Pathak
 - AIR 4 (2023) – P. K. Siddharth Ramkumar (Anthropology)
 - AIR 59 (2023) – Benjo P. Jose (Anthropology)
 - AIR 82 (2021) – Pooja Jha (Anthropology)
 - AIR 327 – Ayush Srivastava (Anthropology)
 - AIR 639 (2022) – Shreya Singh
 - AIR 610 (2022) – Abhishek Dawachya
 - AIR 128 (2024) – Nidhi Singh
 - AIR 517 (2024) – Savi Bulkunde (Anthropology)



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ANTHROPOLOGY OPTIONAL

Know Your Educator



MANGAL SINGH SIR

Mangal Singh Sir is a renowned name in the field of Society and Social Justice, and a highly respected mentor for Anthropology optional in civil services preparation. With over five years of dedicated experience in teaching Anthropology, he has guided numerous toppers with his well-researched content and strategic insights.

His result-oriented and student-friendly approach has made him the go-to faculty for aspirants aiming for excellence in Anthropology. Known for his structured guidance and deep conceptual clarity, Mangal Singh Sir has consistently delivered top results, making him one of the most sought-after educators in the civil services domain.

Our Other Optionals



DIVAKAR BOTHRA SIR

SOCIOLOGY



SHASHANK TYAGI SIR

POLITICAL SCIENCE &
INTERNATIONAL RELATIONS



RASHID YASIN SIR

HISTORY



Our Offline Classroom Centres



DELHI



PATNA



PRAYAGRAJ



LUCKNOW



INDORE



GUWAHATI



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1B, Pusa Road, metro tower, Next to Karol Bagh metro gate no. 8