



— UPSC IAS —

ANTHROPOLOGY

OPTIONAL 2025

PRATIGYA BATCH

LIVE 

Classes & Test Series

By - Utkarsh Singh
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24th July '24



1:00 PM

Study IQ is introducing a comprehensive Anthropology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

Anthropology Optional Batch 2025

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

To help you sail with a comfortable margin in Anthropology Optional, StudyIQ is here with its Anthropology Foundation Course

1 >

Major overlap with multiple GS papers.

2 >

It is the shortest major optional & time-saving in nature

3 >

Scoring 300+ is easier compared to other major optionals.

4 >

It is the only major optional with over 10% success rate from 2013-19

5 >

It is the only optional with two AIR-1 in past 5 years

6 >

It can be considered as the only optional which acts like a bridge between humanities & science.

What Do We Pledge to Our Students ?

We Strive to Get The best out of you in this UPSC Journey So If you are enrolling in Pratigya UPSC Optional Batch along with Pratigya P2I Batch and you clear your UPSC Prelims 2025 Exam, your Course fee will be refunded.

Features of the Course

1



400+ hours of live lectures spread over 5 months

2



Comprehensive coverage through high quality lecture notes

3



Hand written notes and crux will be provided in English

4



Live answer writing program under the guidance of faculty

5



Previous Year Questions discussions

6



Doubt clearing sessions by the faculty

A few orientation sessions are planned in the beginning where students will be guided on how to prepare for the optional.

STUDY PLAN

DATE

TOPIC

24th Jul '24

Orientation
Decoding Syllabus

24th Jul'24

Archeological Anthropology

Paper 1

Basics

1.8 (a) Principles of Prehistoric Archaeology. Chronology: Dating methods

(b) Cultural Evolution—Broad Outlines of Prehistoric cultures

Paper 2

1.1 Evolution of the Indian Culture and Civilization—Prehistoric

1.2 Palaeo—Anthropological

1.3. Ethno-archaeology in India

20th Aug '24

Indian Anthropology

Paper 2

2. Demographic profile of India

3.1 The structure and nature of traditional Indian social system

3.2 Caste system in India

3.3 Sacred Complex and Nature—Man—Spirit Complex.

3.4. Impact of Buddhism, Jainism, Islam and Christianity of Indian society.

4. Emergence, growth and development in India

5.1 Indian Village—Significance of village study in India

5.2 Linguistic and religious minorities and their social, political and economic status.

5.3 Indigenous and exogenous processes of socio-cultural change in Indian society

10th Sept '24

Tribal Anthropology

Paper 2

6.1 Tribal situation in India

6.2 Problems of the tribal Communities

6.3 Developmental projects and their impact on tribal displacement

7.1 Problems of exploitation and deprivation of S.C S.T. & OBC

7.2 Social change and contemporary tribal societies :

7.3 The concept of ethnicity;

8.1 Impact of Hinduism, Buddhism, Christianity, Islam etc.

8.2 Tribe and nation state

9.1 History of administration of tribal areas, tribal policies, plans & Programmes

9.2 Role of anthropology in tribal and rural development.

9.3 Contributions of anthropology to the understanding of regionalism, communalism etc.

DATE

TOPIC

5th Oct '24

Physical Anthropology **Paper 1**

- 1.4 Human Evolution and emergence of Man
- 1.5 Characteristics of Primates; Evolutionary Trend and Primate Taxonomy
- 1.6 Phylogenetic status, characteristics and geographical distribution of
- 1.7 The biological basis of Life
- 9.1 Human Genetics
- 9.2 Mendelian genetics in man-family study
- 9.3 Concept of genetic polymorphism and selection
- 9.4 Chromosomes and chromosomal aberrations in man, methodology.

30th Oct '24

- 9.5 Race and racism
- 9.6 Age, sex and population variation as genetic marker
- 9.7 Concepts and methods of Ecological Anthropology
- 9.8 Epidemiological Anthropology
- 10. Concept of human growth and Development
- 11.1 Relevance of menarche, menopause and other bioevents to fertility
- 11.2 Demographic theories-biological, social and cultural.
- 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
- 12. Applications of Anthropology (P-1)

25th Nov '24

Socio-Cultural Anthropology

Paper 1

- 1.1 Meaning, Scope and development of Anthropology.
- 1.2 Relationships with other disciplines
- 1.3 Main Branches of Anthropology
- 8 Research methods in Anthropology
- 2.1 The Nature of Culture
- 2.2 The Nature of Society
- 2.3 Marriage
- 2.4 Family
- 2.5 Kinship
- 3. Economic Organization
- 4. Political Organization and Social Control
- 5. Religion
- 7. Culture, Language and Communication

25th Dec '24

Anthropological Theories

Paper 1

* Please note that this is a tentative plan for the batch and the dates may vary

Anthropology Test Series

Features of the Test Series:

1

- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.

2

- There will be a total of 12 tests (8 sectional tests and 4 Full Length tests).

3

- The evaluation of papers will be done in 4-5 days after the student uploads the paper.

4

- Discussion of each paper would be done thoroughly.

5

- Synopsis of each test will be provided after the student attempts the paper.

6

- Previous Year Questions and high-yielding topics would be covered comprehensively.

TIME TABLE

TEST NO.	DATE	PAPER
Sectional - 1	26th Aug '24	Archaeological Anthropology Paper 1 (1.8), Paper 2 (1.1-1.3)
Sectional - 2	17th Sept '24	Indian Anthropology Paper 2 (2-5)
Sectional - 3	30th Sept '24	Tribal Anthropology Paper 2 (6-9)
Sectional - 4	18th Oct '24	Physical Anthropology - 1 Paper 1 (1.4-1.7), Paper 1 (9.1-9.4)
Sectional - 5	30th Oct '24	Physical Anthropology - 2 Paper 1 (9.5-12)
Sectional - 6	18th Nov '24	Social Anthro- 1 Paper 1 (1.1-2.3)
Sectional - 7	30th Nov '24	Social Anthro - 2 Paper 1 (2.4-8)
Sectional - 8	2nd Jan '24	Anthropological Theories Paper 1 (6)
FLT - 1	8th Jan '24	Anthropology Optional Paper- 1 Comprehensive Paper - 1
FLT - 2	8th Jan '24	Anthropology Optional Paper- 2 Comprehensive Paper - 2
FLT - 3	15th Jan '24	Anthropology Optional paper- 1 Comprehensive Paper - 1
FLT - 4	15nd Jan '24	Anthropology Optional paper- 2 Comprehensive Paper - 2

Price: ~~₹28,000~~
₹17,999

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