



ANTHROPOLOGY

OPTIONAL 2026

MARCH BATCH



BY - UTKARSH SINGH



11th Mar '25



1:00 PM

Study Iq is introducing a comprehensive Anthropology Optional Course cum Test Series Programme. The objective of this course is to help students understand the subject matter more conceptually as well as to impart answer writing skills to the students.

Anthropology Optional Batch 2025 – 26

It is said that Optional determines the destiny of UPSC journey. It is the most important weapon to conquer this exam. To get into the final list, one must ace the optionals.

To help you sail with a comfortable margin in Anthropology Optional, StudyIQ is here with its Anthropology Foundation Course

1 >

Major overlap with multiple GS papers.

2 >

It is the shortest major optional & time-saving in nature

3 >

Scoring 300+ is easier compared to other major optionals.

4 >

It is the only major optional with over 10% success rate from 2013-19

5 >

It is the only optional with two AIR-1 in past 5 years

6 >

It can be considered as the only optional which acts like a bridge between humanities & science.

Features

Gold

Platinum



400+ hours of live lectures spread over 6 months



Live Doubt Clearing Sessions with Faculty



Recorded Lectures & Hand written Notes and Crux



Comprehensive Coverage of Every Topic with PYQ Discussion



Current affairs to keep the aspirants updated



Regular answer writing sessions with evaluation



One to one Mentorship 24*7



Mains Test Series (Sectional & Full Length Test)



Optional Gyan Bhandar



Weekly Doubt Clearing Sessions with Faculty



Validity

18 Months

30 Months

STUDY PLAN

DATE

TOPIC

11th March

Orientation
Decoding Syllabus

12th March :

Tribal Anthropology

Paper 2

6.1 Tribal situation in India
6.2 Problems of the tribal Communities
6.3 Developmental projects and their impact on tribal displacement
7.1 Problems of exploitation and deprivation of S.C S.T. & OBC
7.2 Social change and contemporary tribal societies :
7.3 The concept of ethnicity;
8.1 Impact of Hinduism, Buddhism, Christianity, Islam etc.
8.2 Tribe and nation state
9.1 History of administration of tribal areas, tribal policies, plans & Programmes
9.2 Role of anthropology in tribal and rural development.
9.3 Contributions of anthropology to the understanding of regionalism, communalism etc.

10th April 25

Physical Anthropology

Paper 1

1.4 Human Evolution and emergence of Man
1.5 Characteristics of Primates; Evolutionary Trend and Primate Taxonomy
1.6 Phylogenetic status, characteristics and geographical distribution of
1.7 The biological basis of Life
9.1 Human Genetics
9.2 Mendelian genetics in man-family study
9.3 Concept of genetic polymorphism and selection
9.4 Chromosomes and chromosomal aberrations in man, methodology.

28th April 25

9.5 Race and racism
9.6 Age, sex and population variation as genetic marker
9.7 Concepts and methods of Ecological Anthropology
9.8 Epidemiological Anthropology
10. Concept of human growth and Development
11.1 Relevance of menarche, menopause and other bioevents to fertility
11.2 Demographic theories-biological, social and cultural.
11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
12. Applications of Anthropology (P-1)

DATE

TOPIC

20th May '25

Socio-Cultural Anthropology

Paper 1

- 1.1 Meaning, Scope and development of Anthropology.
- 1.2 Relationships with other disciplines
- 1.3 Main Branches of Anthropology
- 8 Research methods in Anthropology
- 2.1 The Nature of Culture
- 2.2 The Nature of Society
- 2.3 Marriage
- 2.4 Family
- 2.5 Kinship
3. Economic Organization
4. Political Organization and Social Control
5. Religion
7. Culture, Language and Communication

10th June 25

Anthropological Theories

Paper 1

28th June '25

Archeological Anthropology

Paper 1

Basics

- 1.8 (a) Principles of Prehistoric Archaeology. Chronology: Dating methods
- (b) Cultural Evolution—Broad Outlines of Prehistoric cultures

Paper 2

- 1.1 Evolution of the Indian Culture and Civilization—Prehistoric
- 1.2 Palaeo—Anthropological
- 1.3. Ethno-archaeology in India

17 July :

Paper 2

Indian Anthropology

2. Demographic profile of India
- 3.1 The structure and nature of traditional Indian social system
- 3.2 Caste system in India
- 3.3 Sacred Complex and Nature-Man-Spirit Complex.
- 3.4. Impact of Buddhism, Jainism, Islam and Christianity of Indian society.
4. Emergence, growth and development in India
- 5.1 Indian Village—Significance of village study in India
- 5.2 Linguistic and religious minorities and their social, political and economic status.
- 5.3 Indigenous and exogenous processes of socio-cultural change in Indian society

* Please note that this is a tentative plan for the batch and the dates may vary

Anthropology Test Series

Features of the Test Series:

1

- The language style and nature of the questions are in line with the questions asked by the Union Public Service Commission and based on deep understanding and knowledge.

2

- There will be a total of 12 tests (8 sectional tests and 4 Full Length tests).

3

- The evaluation of papers will be done in 4-5 days after the student uploads the paper.

4

- Discussion of each paper would be done thoroughly.

5

- Synopsis of each test will be provided after the student attempts the paper.

6

- Previous Year Questions and high-yielding topics would be covered comprehensively.

TIME TABLE

TEST NO.	DATE	PAPER
Sectional - 1	16th Apr 25	Tribal Anthropology Paper 2 (6-9)
Sectional - 2	22nd Apr 25	Physical Anthropology - 1 Paper 1 (1.4-1.7), Paper 1 (9.1-9.4)
Sectional - 3	12th May 25	Physical Anthropology - 2 Paper 1 (9.5-12)
Sectional - 4	22nd May 25	Social Anthro- 1 Paper 1 (1.1-2.3)
Sectional - 5	14th June 25	Social Anthro - 2 Paper 1 (2.4-8)
Sectional - 6	26th June 25	Anthropological Theories Paper 1 (6)
Sectional - 7	26nd July 25	Archaeological Anthropology Paper 1 (1.8), Paper 2 (1.1-1.3)
Sectional - 8	5th Aug 25	Indian Anthropology Paper 2 (2-5)
FLT - 1	18th May '25	Anthropology Optional Paper- 1 Comprehensive Paper - 1
FLT - 2	18th May '25	Anthropology Optional Paper- 2 Comprehensive Paper - 2
FLT - 3	20th June '25	Anthropology Optional paper- 1 Comprehensive Paper - 1
FLT - 4	20th June'25	Anthropology Optional paper- 2 Comprehensive Paper - 2

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₹29,999

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